# San Diego High School Survey

10-year Trend Analysis Report

otal njury and Viole		alth Risk Behav	ior and Percenta	iges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
	age of students w icycle during the			helmet (among st	udents who			
76.0	75.1	77.0	76.8	75.1	71.4	No linear change	No quadratic change	No change
QN9: Percent by someone el	age of students w se)	ho rarely or neve	r wore a seat belt	(when riding in	a car driven			
7.3	5.6	4.1	4.1	4.7	4.5	Decreased, 2005-2015	Decreased, 2005-2009 No change, 2009-2015	No change
	tage of students vone or more times				hol (in a car or			

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ury and Viole		lth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
	ntage of students w e the survey, amon e survey)							
QN12: Percer	ntage of students w	who texted or e-m	nailed while drivin	7.6	7.4 vehicle (on at	No linear change	Not available <sup>8</sup>	No change
east 1 day du	ntage of students w ring the 30 days be the 30 days befor	efore the survey,	nailed while drivin among students v	ng a car or other	vehicle (on at	No linear change	Not available <sup>8</sup>	No change
least 1 day dui vehicle during QN13: Percer	ring the 30 days be	efore the survey, e the survey) who carried a wea	among students v	ng a car or other vho had driven a 31.8	vehicle (on at car or other 33.2			
east 1 day dur vehicle during QN13: Percer	ring the 30 days befor the 30 days befor ntage of students w	efore the survey, e the survey) who carried a wea	among students v	ng a car or other vho had driven a 31.8	vehicle (on at car or other 33.2			
least 1 day dui vehicle during QN13: Percer day during the 14.0	ring the 30 days befor the 30 days befor ntage of students we 30 days before th	efore the survey, e the survey) who carried a wea e survey) 12.9	among students v apon (such as a gu 12.2	ng a car or other who had driven a 31.8 an, knife, or club	vehicle (on at car or other 33.2 on at least 1 10.5	No linear change	Not available	No change

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otal Jury and Viole	ence							
	Hea	alth Risk Behavi	ior and Percenta	nges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN15: Percer club on at leas	ntage of students v t 1 day during the	who carried a wea 30 days before t	apon on school pi he survey)	roperty (such as a	gun, knife, or			
5.8	5.0	4.4	4.5	2.6	3.3	Decreased, 2005-2015	No quadratic change	No change
QN16: Percer their way to or	ntage of students v from school (on	who did not go to at least 1 day dur	school because t ing the 30 days b	hey felt unsafe at before the survey)	school or on			
9.1	6.2	4.8	6.1	5.7	4.5	Decreased, 2005-2015	No quadratic change	No change
	ntage of students v , knife, or club on							
10.3	8.1	7.4	6.7	4.3	4.6	Decreased, 2005-2015	No quadratic change	No change
QN18: Percer months before	ntage of students v the survey)	who were in a ph	ysical fight (one of	or more times dur	ing the 12			
34.6	32.5	31.9	29.0	21.3	19.8	Decreased, 2005-2015	Decreased, 2005-2011 Decreased, 2011-2015	No change

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	He	alth Risk Behavi	or and Percenta	iges		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
	tage of students v before the survey			nt (one or more time octor or nurse)	mes during			
4.9	3.5	4.2	3.8	3.3	2.4	Decreased, 2005-2015	No quadratic change	No change
QN20: Percent times during the times dur	tage of students view 12 months before	who were in a phy ore the survey)	ysical fight on scl	hool property (on	e or more			
13.8	14.3	10.8	10.9	5.9	6.8	Decreased, 2005-2015	No quadratic change	No change
QN21: Percen (when they did	tage of students v not want to)	who were ever ph	ysically forced to	have sexual inte	rcourse			
10.3	9.2	7.1	6.9	7.5	7.4	Decreased, 2005-2015	Decreased, 2005-2011 No change, 2011-2015	No change
during the 12 1 with an object	nonths before the or weapon on put	survey, includin	g being hit, slam they were datin	iolence (one or m med into somethin g or going out with hs before the surv	ng, or injured th among			
				7.4	7.8	No linear change	Not available <sup>§</sup>	No change

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	He	alth Risk Behavi	ior and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
during the 12 to have sexual	nonths before the intercourse when	survey, includin they did not war	sexual dating vio g kissing, touchin tt to by someone someone during	g, or being physi they were dating	ically forced or going out			
ur (ey)				11.0	10.7	No linear change	Not available <sup>8</sup>	No change
QN24: Percer		who were bullied	on school proper	ty (during the 12	months			
			15.6	15.4	16.7	No linear change	Not available	No change
			nically bullied (in or texting during					
			12.4	14.4	14.0	No linear change	Not available	No change
			ppeless (almost ev vities during the 1					
	27.5	25.9	25.6	29.6	29.1	No linear change	Decreased, 2005-2009	No change

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Quadratic Change*	Change from 2013-2015 <sup>†</sup>
Decreased, 2005-2009 Increased, 2009-2015	No change
Decreased, 2005-2009 Increased, 2009-2015	No change
No quadratic change	No change
	No quadratic change

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bacco Use	He	alth Risk Behavi	or and Percenta	iges		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015	_		
QN31: Percen	tage of students v	who ever tried cig	garette smoking (	even one or two p	ouffs)			
49.8	43.6	43.7	43.4	37.5	26.4	Decreased, 2005-2015	Decreased, 2005-2011 Decreased, 2011-2015	Decreased
QN32: Percen time)	tage of students v	who smoked a wh	ole cigarette befo	ore age 13 years (	(for the first			
13.3	9.8	9.1	8.8	5.6	5.7	Decreased, 2005-2015	No quadratic change	No change
	tage of students v e survey)	who currently sm	oked cigarettes (o	on at least 1 day c	luring the 30			
		who currently sm	oked cigarettes (o	on at least 1 day o 8.9	luring the 30 7.1	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
days before the 14.2 QNFRCIG: Pe	e survey)	11.7 ents who currentl	14.2	8.9	7.1	Decreased, 2005-2015		No change
days before the 14.2 QNFRCIG: Pe	e survey) 11.0 ercentage of stude	11.7 ents who currentl	14.2	8.9	7.1	Decreased, 2005-2015 Decreased, 2005-2015		No change No change
days before the 14.2 QNFRCIG: Pe days during the 3.5 QNDAYCIG:	e survey) 11.0 ercentage of stude e 30 days before t	11.7 ents who currentl the survey) 2.8 udents who current	14.2 y frequently smo 3.7	8.9 ked cigarettes (or 1.1	7.1 n 20 or more 1.3	,	Decreased, 2011-2015	

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al bacco Use	Не	alth Risk Behavi	ior and Percenta	iges		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
	tage of students vey among studen							
						No linear change	No quadratic change	No change
5.5 2N36: Percen	vey among studen	4.7 who tried to quit	smoked cigarette 2.8 smoking cigarette	s on the days the 3.5 es (among studen	y smoked) 7.2	No linear change	No quadratic change	No change

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	He	alth Risk Behav	ior and Percenta	iges		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN41: Percer day during the	tage of students v ir life)	who ever drank a	lcohol (at least or	e drink of alcoho	ol on at least 1			
71.6	72.0	69.4	65.1	61.3	56.8	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	No change
QN42: Percent than a few sips		who drank alcoho	ol before age 13 y	ears (for the first	time other			
25.9	24.9	22.7	21.7	15.8	14.8	Decreased, 2005-2015	No quadratic change	No change
	tage of students ving the 30 days b		nk alcohol (at lea	st one drink of a	lcohol on at			
38.8	36.7	36.2	33.0	28.7	24.8	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	No change
			r more drinks of a ays before the sur		within a			
22.2	21.8	20.6	19.0	16.1	12.6	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	Decreased
	tage of students	who reported that	the largest numb	er of drinks they	had in a row			
QN45: Percen was 10 or mor	e (within a couple	e of nours during	the 50 days bero	c mc survey)				

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	He	alth Risk Behavi	or and Percenta	iges		Linear Change*	Quadratic Change*	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015			
QN47: Percer	ntage of students v	who ever used ma	rijuana (one or n	nore times during	their life)			
39.2	34.6	37.3	40.1	40.5	35.9	No linear change	No quadratic change	No change
QN48: Percer	tage of students v	who tried marijua	na before age 13	years (for the first	st time)			
9.9	10.7	9.2	10.6	8.5	7.5	Decreased, 2005-2015	No quadratic change	No change
QN49: Percer days before th	ntage of students v e survey)	who currently use	d marijuana (one	or more times d	uring the 30			
18.6	16.6	18.9	24.0	21.9	18.0	Increased, 2005-2015	Increased, 2005-2011 Decreased, 2011-2015	No change
QN50: Percei	ntage of students vase, one or more	who ever used co times during thei	caine (any form o r life)	of cocaine, such a	s powder,			
crack, or need	8.6	7.6	8.4	6.9	5.3	Decreased, 2005-2015	No quadratic change	No change
8.6	0.0							
8.6 QN51: Percer	ntage of students v cans, or inhaled an							

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	He	alth Risk Behavi	ior and Percenta	nges		Linear Change <sup>*</sup>	Quadratic Change*	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN53: Percen 'crank," or "ic	tage of students v e," one or more ti	who ever used me mes during their	ethamphetamines life)	(also called "spe	ed," "crystal,"			
7.9	6.4	3.8	4.9	2.9	3.6	Decreased, 2005-2015	Decreased, 2005-2009 No change, 2009-2015	No change
QN54: Percen during their lif		who ever used ec	stasy (also called	"MDMA," one o	r more times			
7.4	9.0	10.2	16.1	10.7	6.9	No linear change	Increased, 2005-2011 Decreased, 2011-2015	Decreased
	tage of students voore times during		roids without a d	octor's prescriptio	on (pills or			
4.1	3.8	2.7	2.9	2.0	2.7	Decreased, 2005-2015	No quadratic change	No change
	ontin, Percocet, V		escription drugs v Adderall, Ritalin					
auring their m	- /							

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	He	alth Risk Behav	ior and Percenta	ages		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
		who ever injected or more times du		(used a needle to	inject any			

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	He	alth Risk Behavi	ior and Percenta	ges		Linear Change*	Quadratic Change <sup>*</sup>	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN60: Percer	tage of students v	who ever had sex	ual intercourse					
40.7	38.8	39.2	42.5	36.6	32.0	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
QN61: Percer	tage of students v	who had sexual ir	ntercourse before	age 13 years (for	the first time)			
6.2	7.2	4.8	6.1	4.4	3.5	Decreased, 2005-2015	No quadratic change	No change
	tage of students y	who had sexual in	tercourse with fo	ur or more perso	ns (during			
QN62: Percent their life)	lage of students v	wito fiau sexual fi		1	τ υ			
QN62: Percer their life) 10.7	10.1	11.2	11.9	8.2	6.8	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
their life) 10.7 QN63: Percer	10.1 tage of students v	11.2	11.9 ly sexually active	8.2	6.8	Decreased, 2005-2015		No change
their life) 10.7 QN63: Percer	10.1 tage of students v	11.2 who were current	11.9 ly sexually active	8.2	6.8	Decreased, 2005-2015 Decreased, 2005-2015		No change No change
their life) 10.7 QN63: Percer least one perso 27.4 QN64: Percer	10.1 tage of students of n during the 3 mo 28.0 tage of students of	11.2 who were current onths before the s 27.7	11.9 ly sexually active survey) 27.8 el or used drugs b	8.2 (sexual intercou 24.3	6.8 rse with at 22.3	, 	Decreased, 2011-2015	

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otal exual Behavior	rs							
	He	alth Risk Behav	ior and Percenta	ages		Linear Change <sup>*</sup>	Quadratic Change*	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
	ntage of students were currently sex		om (during last se	exual intercourse a	among			
61.8	57.0	65.5	58.6	56.6	59.0	No linear change	No quadratic change	No change
	ntage of students v d)	who were ever te	sted for HIV (not	including tests do 13.9	one when 11.9	No linear change	Not available <sup>§</sup>	No change
donating blood QN66: Percer		who used birth co	ontrol pills (before	13.9 e last sexual inter	11.9	No linear change	Not available <sup>§</sup>	No change
donating blood QN66: Percer	d)	who used birth co	ontrol pills (before	13.9 e last sexual inter	11.9	No linear change Increased, 2005-2015	Not available <sup>§</sup> Increased, 2005-2011 No change, 2011-2015	No change No change
QN66: Percer prevent pregna 14.5 QNIUDIMP: (e.g., Implano	d) ntage of students v ancy among stude	who used birth co ents who were cu 17.7 dents who used a before last sexua	ontrol pills (before rrently sexually a 20.7 an IUD (e.g., Mire	13.9 e last sexual interctive) 22.4 ena or ParaGard)	11.9 course to 17.3 or implant		Increased, 2005-2011	

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otal xual Behavior	'S							
	Hea	alth Risk Behavi	ior and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
OrthoEvra), or	Percentage of sturn r birth control ring rently sexually act	g (e.g., NuvaRing	a shot (e.g., Depo ) (during last sexu	-Provera), patch ual intercourse a	(e.g., mong students			
QNOTHHPL:	Percentage of stu	udents who used	birth control pills	2.7 ; an IUD or impl	4.5 ant; or a shot,	No linear change	Not available <sup>§</sup>	No change
patch, or birth	Percentage of stu control ring (beforently sexually act	ore last sexual int	birth control pills ercourse to preven	; an IUD or impl	ant; or a shot,	No linear change	Not available <sup>§</sup> Not available	No change No change
patch, or birth who were curr QNDUALBC: IUD or implan	control ring (befo	udents who used	both a condom during before last se	; an IUD or imple nt pregnancy and 26.1 uring and birth co exual intercourse	ant; or a shot, ong students 23.7 ontrol pills; an			
patch, or birth who were curr QNDUALBC: IUD or implan	control ring (befor rently sexually act : Percentage of str ht; or a shot, patch	udents who used	both a condom during before last se	; an IUD or imple nt pregnancy and 26.1 uring and birth co exual intercourse	ant; or a shot, ong students 23.7 ontrol pills; an			
patch, or birth who were curr QNDUALBC: IUD or implan STD and pregr QNBCNONE:	control ring (befor rently sexually act : Percentage of str ht; or a shot, patch	udents who used , or birth control lents who were cu	both a condom during before last se urrently sexually a	; an IUD or impli- nt pregnancy and 26.1 uring and birth co exual intercourse active) 7.2 d to prevent preg	ant; or a shot, ong students 23.7 Dontrol pills; an (to prevent 5.5	No linear change	Not available	No change

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	He	alth Risk Behavi	ior and Percenta	iges		Linear Change <sup>*</sup>	Quadratic Change*	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
			rweight (>= 85th ific reference dat					
14.2	15.0	13.8	16.0	16.4	16.6	Increased, 2005-2015	No quadratic change	No change
			bese (>= 95th per m the 2000 CDC		nass index,			
12.5	12.2	11.3	11.4	11.4	11.5	No linear change	No quadratic change	No change
QN69: Percen	tage of students v	who described the	emselves as slight	tly or very overw	eight			
32.8	31.0	26.4	27.9	30.8	32.4	No linear change	Decreased, 2005-2009 Increased, 2009-2015	No change
QN70: Percen	tage of students v	who were trying t	o lose weight					
47.7	46.8	45.4	48.3	46.9	47.5	No linear change	No quadratic change	No change
	tage of students ways before the sur		fruit juice (100%	6 fruit juices one	or more times			
20.4	21.8	20.3	21.2	22.9	25.3	Increased, 2005-2015	No quadratic change	No change

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	He	alth Risk Behav	ior and Percenta	nges		Linear Change*	Quadratic Change <sup>*</sup>	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN72: Percer the survey)	ntage of students v	who did not eat fi	ruit (one or more	times during the	7 days before			
13.8	13.7	9.0	9.8	10.0	8.0	Decreased, 2005-2015	No quadratic change	No change
QNFR0: Perc days before the	entage of students e survey)	s who did not eat	fruit or drink 100	0% fruit juices (d	uring the 7			
6.6	5.8	4.6	5.1	4.8	3.8	Decreased, 2005-2015	No quadratic change	No change
	entage of students e 7 days before th		drank 100% frui	t juices one or mo	ore times per			
61.0	61.7	66.2	63.3	63.5	65.6	Increased, 2005-2015	No quadratic change	No change
	entage of students e 7 days before th		drank 100% frui	t juices two or mo	ore times per			
31.8	33.7	34.7	34.1	33.9	33.4	No linear change	No quadratic change	No change
			draph 100% fruit	t juices three or n	ore times per			
QNFR3: Perc	entage of students e 7 days before th	s who ate fruit or	utalik 100% itul	i juices three of h	iore times per			

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	Hea	alth Risk Behav	ior and Percenta	ges		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN73: Percer	tage of students v	who did not eat s	alad (during the 7	days before the	survey)			
35.4	37.6	36.9	39.5	35.5	34.0	No linear change	No change, 2005-2011 Decreased, 2011-2015	No change
QN74: Percer	tage of students v	who did not eat p	otatoes (during th	e 7 days before t	he survey)			
41.5	42.5	39.2	38.5	43.2	41.2	No linear change	No quadratic change	No change
QN75: Percer	tage of students v	who did not eat c	arrots (during the	7 days before the	e survey)			
50.9	46.7	45.0	48.9	46.7	44.6	No linear change	No quadratic change	No change
	tage of students v	who did not eat o	ther vegetables (c	luring the 7 days	before the			
survey)								

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	Hea	alth Risk Behavi	ior and Percenta	ges		Linear Change*	Quadratic Change <sup>*</sup>	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QNVEG0: Pe French fries, f before the sur	ercentage of studer ried potatoes, or p vey)	nts who did not e potato chips], carr	at vegetables (gre ots, or other vege	een salad, potatoe stables, during the	s [excluding e 7 days			
8.1	8.1	7.2	7.9	6.5	5.6	Decreased, 2005-2015	No quadratic change	No change
ootatoes [excl during the 7 d	ercentage of studer uding French fries ays before the sur	s, fried potatoes, over vey)	or potato chips], c	carrots, or other v	egetables,			
potatoes [excl	uding French fries	s, fried potatoes, o				Increased, 2005-2015	No quadratic change	No change
ootatoes [excl luring the 7 d 55.2 QNVEG2: Pe potatoes [excl	uding French fries ays before the sur	s, fried potatoes, every) 61.2 nts who ate veget s, fried potatoes, e	or potato chips], c 58.1 cables two or more	59.1 times per day (§	egetables, 61.1 green salad,	Increased, 2005-2015	No quadratic change	No change
potatoes [excl during the 7 d 55.2 QNVEG2: Pe potatoes [excl	uding French fries ays before the sur 56.4 ercentage of studer uding French fries	s, fried potatoes, every) 61.2 nts who ate veget s, fried potatoes, e	or potato chips], c 58.1 cables two or more	59.1 times per day (§	egetables, 61.1 green salad,	Increased, 2005-2015 Increased, 2005-2015	No quadratic change No quadratic change	No change No change
23.2 QNVEG2: Pe potatoes [excl during the 7 d 23.2 QNVEG3: Pe potatoes [excl 23.2	uding French fries ays before the sur 56.4 ercentage of studer uding French fries ays before the sur	s, fried potatoes, over 61.2 nts who ate veget s, fried potatoes, over 28.5 nts who ate veget s, fried potatoes, over 28.5	58.1 58.1 ables two or mor or potato chips], o 25.6 ables three or mo	59.1 e times per day (gearrots, or other v 26.9 re times per day	egetables, 61.1 green salad, egetables, 27.2 (green salad,			

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	Hea	alth Risk Behav	ior and Percenta	iges		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015			
	ntage of students v soda or diet pop,				oop (not			
	25.5	23.3	22.2	32.1	35.0	Increased, 2007-2015	Not available <sup>§</sup>	No change
	Percentage of stud (not including die							
						Decreased, 2007-2015	Not available	Decreased
times per day QNSODA2: I	(not including die 19.8 Percentage of stud	t soda or diet pop 18.2 ents who drank a	o, during the 7 da 18.1 a can, bottle, or gl	13.7 ass of soda or po	9.6 p two or more	Decreased, 2007-2015	Not available	Decreased
times per day QNSODA2: I	(not including die 19.8	t soda or diet pop 18.2 ents who drank a	o, during the 7 da 18.1 a can, bottle, or gl	13.7 ass of soda or po	9.6 p two or more	Decreased, 2007-2015	Not available	Decreased
times per day QNSODA2: I	(not including die 19.8 Percentage of stud	t soda or diet pop 18.2 ents who drank a	o, during the 7 da 18.1 a can, bottle, or gl	13.7 ass of soda or po	9.6 p two or more	Decreased, 2007-2015 Decreased, 2007-2015	Not available Not available	Decreased
times per day QNSODA2: I times per day QNSODA3: I	(not including die 19.8 Percentage of stud (not including die	t soda or diet pop 18.2 ents who drank a t soda or diet pop 11.2 ents who drank a	p, during the 7 da 18.1 a can, bottle, or gl p, during the 7 da 11.9 a can, bottle, or gl	13.7 ass of soda or po ys before the surv 8.6 ass of soda or po	9.6 p two or more (ey) 6.0 p three or			

## San Diego High School Survey

**10-year Trend Analysis Report** 

	He	alth Risk Behav	ior and Percenta	nges		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
N78: Percei	ntage of students v	who did not drink	milk (during the	7 days before the	e survey)			
				22.7	21.8	No linear change	Not available <sup>§</sup>	No change
lays before th	Percentage of stud e survey) Percentage of stud			31.9	31.3	No linear change	Not available	No change
lays before th		ents who drank t	wo of more glasse	16.5	18.1	No linear change	Not available	No change
QNMILK3: F days before	Percentage of stud the survey)	ents who drank th	hree or more glas	ses per day of mi	lk (during the			
				6.8	8.1	No linear change	Not available	No change
	atage of students a	who did not eat b	reakfast (during t	he 7 days before	the survey)			
QN79: Percer	hage of students v		ν υ	2	•			

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**10-year Trend Analysis Report** 

Total Weigl		nent and Dietar He		ior and Percenta	iges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
	2005	2007	2009	2011	2013	2015	_		
	BK7DAY: survey)	Percentage of st	udents who ate b	reakfast on all 7 o	lays (during the	7 days before			
	, , , , , , , , , , , , , , , , , , ,				35.7	37.1	No linear change	Not available <sup>§</sup>	No change

### San Diego High School Survey

**10-year Trend Analysis Report** 

	Hea	alth Risk Behavi	or and Percenta	ges		Linear Change <sup>*</sup>	Quadratic Change*	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
more days (doi	tage of students v ing any kind of pl ome of the time du	nysical activity th	at increased their	heart rate and m	lay on 5 or ade them			
			45.7	49.3	51.1	Increased, 2011-2015	Not available <sup>§</sup>	No change
ONPA0DAY:	Percentage of stu	idents who did no	ot participate in a	t least 60 minutes	s of physical			
ctivity on at le	Percentage of stu east 1 day (doing eathe hard some of	any kind of phys	ical activity that i the 7 days before	ncreased their he the survey)	eart rate and			
activity on at le	east 1 day (doing	any kind of phys	ical activity that i	ncreased their he	s of physical eart rate and 13.2	Decreased, 2011-2015	Not available	Decreased
activity on at lomade them bre QNPA7DAY: all 7 days (doin	east 1 day (doing	any kind of phys f the time during idents who were ysical activity tha	ical activity that i the 7 days before 17.0 physically active at increased their	ncreased their he the survey) 15.9 at least 60 minut heart rate and ma	eart rate and 13.2 tes per day on	Decreased, 2011-2015	Not available	Decreased
activity on at long the stress of the stress	east 1 day (doing eathe hard some o Percentage of stu ng any kind of ph	any kind of phys f the time during idents who were ysical activity tha	ical activity that i the 7 days before 17.0 physically active at increased their	ncreased their he the survey) 15.9 at least 60 minut heart rate and ma	eart rate and 13.2 tes per day on	Decreased, 2011-2015 No linear change	Not available Not available	Decreased No change
activity on at lo made them bre QNPA7DAY: all 7 days (doin breathe hard so	east 1 day (doing eathe hard some o Percentage of stu ng any kind of ph	any kind of phys f the time during idents who were ysical activity tha luring the 7 days	ical activity that i the 7 days before 17.0 physically active at increased their before the survey 24.8	ncreased their he the survey) 15.9 at least 60 minut heart rate and ma ) 26.9	27.0			

### San Diego High School Survey

**10-year Trend Analysis Report** 

vsical Activity		alth Risk Behavi	ior and Percenta	iges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
	tage of students v r day (for somethi							
		20.7	31.7	40.2	44.8	1 1 2007 2015	N. ( 1118	Increased
	27.2	28.7	51.7	40.2	44.0	Increased, 2007-2015	Not available <sup>§</sup>	Increased
QN83: Percen average week v 62.3	27.2 stage of students when they were in 59.2	who attended phy				No linear change	Decreased, 2005-2009 No change, 2009-2015	No change
average week v 62.3 QNDLYPE: P	tage of students v when they were in	who attended phy n school) 55.6 ents who attende	vsical education c 58.3	lasses on 1 or mo	re days (in an 58.8		Decreased, 2005-2009	
average week v 62.3 QNDLYPE: P	tage of students w when they were in 59.2 Percentage of stud	who attended phy n school) 55.6 ents who attende	vsical education c 58.3	lasses on 1 or mo	re days (in an 58.8		Decreased, 2005-2009	
average week v 62.3 QNDLYPE: P average week v 40.5 QN84: Percen	tage of students w when they were in 59.2 Percentage of stud when they were in	who attended phy n school) 55.6 ents who attende n school) 37.8 who played on at	vsical education c 58.3 ed physical educat 40.5 least one sports t	lasses on 1 or mo 55.3 tion classes on all 40.1	re days (in an 58.8 15 days (in an 42.7	No linear change	Decreased, 2005-2009 No change, 2009-2015	No change

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Total Other	Не	alth Risk Behavi	or and Percenta	ges	Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>	
2005	2007	2009	2011	2013	2015	_		
QN87: Percer	ntage of students	who had ever bee	n told by a doctor	or nurse that the	ey had asthma			
	21.6	20.9	21.8	18.3	19.2	Decreased, 2007-2015	Not available <sup>§</sup>	No change

### San Diego High School Survey

**10-year Trend Analysis Report** 

otal te-Added								
	Неа	llth Risk Behavi	or and Percenta	Linear Change*	Quadratic Change*	<b>Change from</b> <b>2013-2015</b> <sup>†</sup>		
2005	2007	2009	2011	2013	2015	_		
QN90: Percent threatened the way	ntage of students v m, limited their ac	who responded the tivities against the	at the person they heir will, or made	y were going out them feel unsafe	with had ever in any other			
		11.8	11.0	6.5	7.8	Decreased, 2009-2015	Not available <sup>§</sup>	No change
QN91: Percer lesbian, or bis	ntage of students v exual (one or more	vho have been ha e times during the	rassed because so e 12 months before	omeone thought t re the survey)	hey were gay,			
QN91: Percer lesbian, or bis	ntage of students v exual (one or more	who have been ha e times during the 11.3	rassed because so e 12 months befo 10.8	omeone thought t re the survey) 9.5	hey were gay, 11.6	No linear change	Not available	Increased
lesbian, or bis QN95: Percer	exual (one or more ntage of students v s cutting or burning	e times during the 11.3 vho did somethin	g to purposely hu	re the survey) 9.5 Int themselves wi	11.6 thout wanting	No linear change	Not available	Increased
QN95: Percer to die (such as	exual (one or more ntage of students v s cutting or burning	e times during the 11.3 vho did somethin	g to purposely hu	re the survey) 9.5 Int themselves wi	11.6 thout wanting	No linear change Increased, 2009-2015	Not available Not available	Increased No change
QN95: Percer to die (such as before the surr QN97: Percer	exual (one or more ntage of students v s cutting or burning	e times during the 11.3 who did somethin g themselves on p 16.2 who reported their	e 12 months befo 10.8 g to purposely hu purpose one or m 16.7 r partners were th	re the survey) 9.5 Int themselves wi ore times during 17.6 Intee or more year	11.6 thout wanting the 12 months 18.7 s older than			

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-Added	He	alth Risk Behav	ior and Percenta	nges	Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>	
2005	2007	2009	2011	2013	2015	_		
QN98: Percent more times)	tage of students v	who have been pr	regnant or gotten	someone pregnar	nt (one or			
5.0	5.2	4.1	5.7	2.8	2.7	Decreased, 2005-2015	No quadratic change	No change
QN99: Percent	tage of students v	who have ever pa	rticipated in oral	sex				
	37.2	36.6	38.2	37.3	35.7	No linear change	Not available <sup>§</sup>	No change
QN101: Percer feminine and m		who think other	people at school	would describe the	hem as equally			
				10.4	11.6	No linear change	Not available	No change
QN102: Percer	ntage of students	who have been t	aught about AID	S or HIV infectio	on in school			
89.1	86.5	88.1	86.1	88.6	86.4	No linear change	No quadratic change	No change
QN103: Percer transmitted dise		who have been t	old by a doctor o	r nurse that they	had a sexually			
		5.2	3.6	2.4	3.6	Decreased, 2007-2015	Not available	No change

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**10-year Trend Analysis Report** 

otal ite-Added	He	alth Risk Behavi	or and Percenta	ges		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
pregnancy, AI	entage of students DS, or other sexu is who have had a	ally transmitted o						
		38.2	37.6	43.0	39.7	No linear change	Not available <sup>§</sup>	No change

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	Неа	llth Risk Behavi	or and Percenta	Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>		
2005	2007	2009	2011	2013	2015	_		
	age of students wl			nelmet (among str	udents who			
78.6	77.7	79.2	79.1	78.2	73.8	No linear change	No quadratic change	No change
QN9: Percent by someone el	age of students wl	no rarely or neve	r wore a seat belt	(when riding in a	a car driven			
8.4	6.7	4.1	4.9	5.9	6.3	No linear change	Decreased, 2005-2009 Increased, 2009-2015	No change
		who rode with a d		en drinking alcoł /ey)	nol (in a car or			
	ntage of students vone or more times							NT 1
								NT 1
her vehicle of 27.1 N11: Percer	27.6 htage of students we the survey, amor	during the 30 da 25.1 vho drove when d	23.8 drinking alcohol (			Decreased, 2005-2015	No quadratic change	No change

### San Diego High School Survey

**10-year Trend Analysis Report** 

fale njury and Viole	ence							
	Неа	llth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
least 1 day dur	tage of students v ing the 30 days be the 30 days befor	efore the survey,						
				32.4	33.8	No linear change	Not available <sup>§</sup>	No change
	ntage of students v 30 days before th		apon (such as a g	ın, knife, or club	on at least 1			
20.4	21.8	19.5	17.9	17.8	16.1	Decreased, 2005-2015	No quadratic change	No change
QN14: Percer survey)	ntage of students v	who carried a gun	(on at least 1 day	y during the 30 d	ays before the			
5.8	7.8	4.8	6.6	4.2	4.9	Decreased, 2005-2015	No quadratic change	No change
	ntage of students v t 1 day during the			operty (such as a	gun, knife, or			
7.4	7.2	5.5	6.5	4.2	4.8	Decreased, 2005-2015	No quadratic change	No change
QN16: Percer their way to or	ntage of students v from school (on a	vho did not go to at least 1 day dur	school because t ing the 30 days b	hey felt unsafe at efore the survey)	school or on			
		4.5	5.4	4.4	4.1	Decreased, 2005-2015	No quadratic change	

# San Diego High School Survey

10-year Trend Analysis Report

lale njury and Viole		alth Risk Behavi	or and Percenta	nges		Linear Change*	Quadratic Change <sup>*</sup>	Change from
							Quantane change	2013-2015 †
2005	2007	2009	2011	2013	2015	_		
	ntage of students v , knife, or club on							
12.7	11.0	9.1	8.5	6.2	6.1	Decreased, 2005-2015	No quadratic change	No change
QN18: Percen months before	tage of students v the survey)	who were in a phy	ysical fight (one o	or more times dur	ing the 12			
39.9	42.5	38.5	34.2	26.6	27.4	Decreased, 2005-2015	No quadratic change	No change
QN19: Percent the 12 months	ntage of students v before the survey	who were injured ; injuries had to l	in a physical figl be treated by a do	ht (one or more ti octor or nurse)	mes during			
5.8	4.6	5.8	5.3	3.8	3.4	Decreased, 2005-2015	No quadratic change	No change
QN20: Percen times during the	ntage of students whe 12 months before	who were in a phy ore the survey)	ysical fight on scl	hool property (on	e or more			
17.3	20.9	13.7	13.3	8.8	10.6	Decreased, 2005-2015	No quadratic change	No change
QN21: Percen (when they did	ntage of students v 1 not want to)	who were ever ph	ysically forced to	o have sexual inte	rcourse			
7.0	8.8	4.7	5.9	6.0	5.9	No linear change	No quadratic change	No change

## San Diego High School Survey

**10-year Trend Analysis Report** 

	ence Hea	alth Risk Behavi	or and Percenta	ges	Linear Change*	Quadratic Change*	<b>Change from 2013-2015</b> <sup>†</sup>	
2005	2007	2009	2011	2013	2015	-		
during the 12 with an object	ntage of students v months before the t or weapon on put dated or went out	e survey, including	g being hit, slamr they were dating	ned into somethi g or going out wi	ng, or injured th among			
			C	6.5	6.4	No linear change	Not available <sup>§</sup>	No change
during the 12 to have sexual	ntage of students w months before the l intercourse when tudents who dated	e survey, including they did not wan	g kissing, touchin It to by someone	g, or being physichey were dating	ically forced or going out			
during the 12 to have sexual with among st	months before the l intercourse when	e survey, including they did not wan	g kissing, touchin It to by someone	g, or being physichey were dating	ically forced or going out	No linear change	Not available	No change
during the 12 to have sexual with among st survey)	months before the l intercourse when tudents who dated	e survey, including a they did not wan or went out with	g kissing, touchin it to by someone someone during	g, or being physi they were dating the 12 months be 6.4	ically forced or going out fore the 5.9	No linear change	Not available	No change
during the 12 to have sexual with among st survey) QN24: Percer	months before the l intercourse when tudents who dated	e survey, including a they did not wan or went out with	g kissing, touchin it to by someone someone during	g, or being physi they were dating the 12 months be 6.4	ically forced or going out fore the 5.9	No linear change No linear change	Not available Not available	No change No change
during the 12 to have sexual with among st survey) QN24: Percent before the sur QN25: Percent	months before the l intercourse when tudents who dated	e survey, including n they did not wan or went out with who were bullied who were electron	g kissing, touchin it to by someone isomeone during on school proper 13.8 nically bullied (in	g, or being physichey were dating the 12 months be 6.4 ty (during the 12 13.3 cluding being bu	ically forced or going out fore the 5.9 months 14.3 llied through			

# San Diego High School Survey

10-year Trend Analysis Report

	Hea	alth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change*	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN26: Percer a row so that t	ntage of students v hey stopped doing	who felt sad or ho g some usual activ	peless (almost ev vities during the	very day for 2 or 1 2 months before	more weeks in the survey)			
26.3	21.1	18.3	18.5	19.3	19.9	Decreased, 2005-2015	Decreased, 2005-2009 No change, 2009-2015	No change
01105 D								
QN2/: Percer months before	tage of students v the survey)	vho seriously con	isidered attemptin	ng suicide (during	g the 12			
QN27: Percer months before 12.1	ntage of students v the survey) 9.0	vho seriously con 9.9	nsidered attemptin 10.4	ng suicide (during 11.2	g the 12 12.1	No linear change	No change, 2005-2009 No change, 2009-2015	No change
months before 12.1	the survey) 9.0	9.9	10.4	11.2	12.1	No linear change	No change, 2005-2009 No change, 2009-2015	No change
months before 12.1 QN29: Percer	the survey) 9.0	9.9	10.4	11.2	12.1	No linear change	No change, 2005-2009 No change, 2009-2015 No quadratic change	No change No change
months before 12.1 QN29: Percer before the surv 6.9 QN30: Percer	9.0 9.0 ntage of students v	9.9 who attempted sur 4.1 who attempted sur	10.4 icide (one or mor 6.9 icide that resulted	11.2 e times during th 6.5 I in an injury, poi	12.1 e 12 months 6.9 soning, or		No change, 2009-2015	

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10-year Trend Analysis Report

bacco Use	He	alth Risk Behavi	ior and Percenta	ges	Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>	
2005	2007	2009	2011	2013	2015			
QN31: Percer	tage of students v	who ever tried cig	garette smoking (	even one or two p	ouffs)			
51.4	47.7	46.6	45.0	38.6	27.7	Decreased, 2005-2015	Decreased, 2005-2011 Decreased, 2011-2015	Decreased
QN32: Percertime)	tage of students v	who smoked a wł	nole cigarette befo	ore age 13 years (	for the first			
ume)								
13.6	12.7	10.9	10.8	7.7	7.4	Decreased, 2005-2015	No quadratic change	No change
13.6	itage of students v		10.8 oked cigarettes (o			Decreased, 2005-2015	No quadratic change	No change
13.6 QN33: Percer	itage of students v					Decreased, 2005-2015 Decreased, 2005-2015	No quadratic change No change, 2005-2011 Decreased, 2011-2015	No change No change
13.6 QN33: Percer days before the 13.6 QNFRCIG: P	tage of students v e survey) 12.9	who currently sm 14.0 ents who currentl	oked cigarettes (o	on at least 1 day c 9.1	luring the 30 8.3		No change, 2005-2011	
13.6 QN33: Percer days before the 13.6 QNFRCIG: P	tage of students v e survey) 12.9 ercentage of stude	who currently sm 14.0 ents who currentl	oked cigarettes (o	on at least 1 day c 9.1	luring the 30 8.3		No change, 2005-2011	
13.6 QN33: Percer days before the 13.6 QNFRCIG: P days during the 4.3 QNDAYCIG:	atage of students v e survey) 12.9 ercentage of stude e 30 days before t 3.4	who currently sm 14.0 ents who currentl the survey) 3.6 udents who current	oked cigarettes (d 15.9 y frequently smo	on at least 1 day o 9.1 ked cigarettes (or 1.8	luring the 30 8.3 n 20 or more 2.2	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change

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	He	alth Risk Behavi	or and Percenta		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>	
2005	2007	2009	2011	2013	2015	-		
QN41: Percen day during the		who ever drank al	cohol (at least or	e drink of alcoho	ol on at least 1			
68.2	68.9	68.5	62.2	59.2	52.8	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	No change
QN42: Percen than a few sips		who drank alcoho	l before age 13 y	ears (for the first	time other			
25.7	27.3	25.2	22.8	17.2	16.9	Decreased, 2005-2015	No quadratic change	No change
QN43: Percen least 1 day dur	tage of students ving the 30 days b	who currently dra efore the survey)	nk alcohol (at lea	st one drink of a	lcohol on at			
37.0	35.2	35.9	33.6	27.6	23.6	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	No change
		who drank five or y during the 30 da			within a			
21.1	21.7	20.9	19.8	18.0	14.0	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	Decreased
		who reported that e of hours during			had in a row			
	· · · · ·	0	<b>,</b>	5.4	4.3	No linear change	Not available <sup>§</sup>	No change

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	He	alth Risk Behavi	or and Percenta	iges		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
QN47: Percer	tage of students v	who ever used ma	arijuana (one or n	nore times during	their life)			
40.2	36.8	42.0	41.2	40.3	37.7	No linear change	No quadratic change	No change
QN48: Percer	tage of students v	who tried marijua	na before age 13	years (for the first	st time)			
11.4	13.0	12.1	12.5	10.6	11.1	No linear change	No quadratic change	No change
QN49: Percer days before the	tage of students v e survey)	who currently use	ed marijuana (one	or more times d	uring the 30			
19.3	18.7	22.2	26.4	22.3	20.6	No linear change	Increased, 2005-2011 Decreased, 2011-2015	No change
QN50: Percer crack, or freeb	tage of students values ase, one or more	who ever used co times during thei	caine (any form o r life)	of cocaine, such a	s powder,			
8.1	9.0	9.0	9.8	9.1	7.8	No linear change	No quadratic change	No change
QN51: Percer aerosol spray o	tage of students v cans, or inhaled a	who ever used inl ny paints or spray	nalants (sniffed g s to get high, one	lue, breathed the e or more times d	contents of uring their			
life)								

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**10-year Trend Analysis Report** 

	Hea	alth Risk Behavi	ior and Percenta	iges		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
	ntage of students v e," one or more ti			(also called "spe	ed," "crystal,"			
7.6	6.7	4.4	6.4	4.5	5.2	Decreased, 2005-2015	No quadratic change	No change
QN54: Percer during their lif 6.8	ntage of students v fe) 11.2	who ever used ec	stasy (also called 15.4	"MDMA," one o	or more times 8.2	No linear change	Increased, 2005-2011 Decreased, 2011-2015	No change
	ntage of students v nore times during		roids without a d	octor's prescription	on (pills or			
4.6	5.0	2.8	3.3	2.7	3.6	Decreased, 2005-2015	No quadratic change	No change
ON57: Percer	ntage of students v Contin, Percocet, V		escription drugs v Adderall, Ritalin					

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	He	alth Risk Behavi	ior and Percenta	nges	Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>	
2005	2007	2009	2011	2013	2015	_		
	ntage of students v to their body one			(used a needle to	inject any			
2.7	3.9	2.1	4.1	3.0	3.4	No linear change	No quadratic change	No change

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	He	alth Risk Behav	ior and Percenta	nges		Linear Change*	Quadratic Change <sup>*</sup>	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015			
QN60: Percen	tage of students	who ever had sex	ual intercourse	· · ·				
43.4	42.1	44.2	46.0	38.1	36.0	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
QN61: Percen	tage of students	who had sexual in	ntercourse before	age 13 years (for	the first time)			
8.6	10.0	6.8	9.3	6.7	5.6	Decreased, 2005-2015	No quadratic change	No change
QN62: Percentheir life)	tage of students	who had sexual in	ntercourse with fo	our or more perso	ns (during			
14.0	14.5	14.9	14.9	11.2	10.5	Decreased, 2005-2015	No quadratic change	No change
	tage of students on during the 3 m		ly sexually active survey)	e (sexual intercou	rse with at			
26.5	28.3	30.3	29.4	24.3	24.4	Decreased, 2005-2015	No change, 2005-2009 Decreased, 2009-2015	No change
0.1.( L D	tage of students	who drank alcoho	ol or used drugs b	efore last sexual	intercourse			
QN64: Percen (among studen	ts who were curr	entry sexually ac						

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**10-year Trend Analysis Report** 

lale exual Behaviors	s							
	He	alth Risk Behavi	ior and Percenta	iges		Linear Change*	Quadratic Change <sup>*</sup>	<b>Change from 2013-2015</b> <sup>†</sup>
2005	2007	2009	2011	2013	2015			
	tage of students vere currently sex		om (during last se	xual intercourse	among			
70.9	63.4	68.6	65.9	57.7	58.9	Decreased, 2005-2015	No quadratic change	No change
ON85 Percen	tage of students y	uho wara avar ta	sted for HIV (not	including tests de	ona whan			
		who were ever tes		14.9	11.9	No linear change	Not available <sup>§</sup>	No change
donating blood QN66: Percen		who used birth co	ontrol pills (before	14.9 e last sexual inter	11.9	No linear change	Not available <sup>§</sup>	No change
donating blood QN66: Percen	l)	who used birth co	ontrol pills (before	14.9 e last sexual inter	11.9	No linear change No linear change	Not available <sup>§</sup> No quadratic change	No change No change
donating blood QN66: Percen prevent pregna 14.5 QNIUDIMP: 1 (e.g., Implanor	d) stage of students v uncy among stude	who used birth cc nts who were cu 16.0 dents who used a before last sexua	ontrol pills (before rrently sexually a 17.1 m IUD (e.g., Mire	14.9 e last sexual inter ctive) 19.8 ena or ParaGard)	11.9 course to 16.1 or implant			

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ale xual Behavior	'S							
	Hea	alth Risk Behav	ior and Percenta	ges		Linear Change*	Quadratic Change <sup>*</sup>	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
OrthoEvra), or	Percentage of sturn r birth control ring rently sexually act	g (e.g., NuvaRing	a shot (e.g., Depo ) (during last sex	-Provera), patch ual intercourse ar	(e.g., nong students			
	<i>. . .</i>							
QNOTHHPL:	Percentage of stu	udents who used	birth control pills	1.8 ; an IUD or impla	3.2 ant; or a shot,	No linear change	Not available <sup>§</sup>	No change
patch, or birth	Percentage of stu control ring (beforently sexually act	ore last sexual int	birth control pills ercourse to preve	; an IUD or impla	ant; or a shot,	No linear change	Not available <sup>§</sup> Not available	No change No change
patch, or birth who were curr QNDUALBC: IUD or implan	control ring (befo	ore last sexual int ive) udents who used	both a condom di	; an IUD or impla nt pregnancy and 21.7 uring and birth co exual intercourse	ant; or a shot, ong students 20.6 ontrol pills; an			
patch, or birth who were curr QNDUALBC: IUD or implan	control ring (beforently sexually act ently sexually act : Percentage of structurents : or a shot, patch	ore last sexual int ive) udents who used	both a condom di	; an IUD or impla nt pregnancy and 21.7 uring and birth co exual intercourse	ant; or a shot, ong students 20.6 ontrol pills; an			
patch, or birth who were curr QNDUALBC: IUD or implan STD and pregr QNBCNONE:	control ring (beforently sexually act ently sexually act : Percentage of structurents : or a shot, patch	udents who used , or birth control lents who were control udents who were control	both a condom during before last sourcently sexually	; an IUD or impla nt pregnancy and 21.7 uring and birth co exual intercourse active) 3.3 d to prevent preg	ant; or a shot, ong students 20.6 ontrol pills; an (to prevent 2.9	No linear change	Not available	No change

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	He	alth Risk Behav	ior and Percenta	iges		Linear Change*	Quadratic Change*	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
	centage of studen index, based on s							
13.9	14.1	13.6	18.5	15.5	15.3	No linear change	No quadratic change	No change
QNOBESE: F based on sex-	Percentage of stud and age-specific 1	ents who were ol eference data fro	bese (>= 95th per om the 2000 CDC	centile for body i growth chart	nass index,			
16.4	17.5	14.8	15.5	15.9	15.3	No linear change	No quadratic change	No change
QN69: Percer	tage of students v	who described the	emselves as slight	tly or very overw	eight			
27.9	26.6	22.6	26.8	24.3	27.2	No linear change	Decreased, 2005-2009 No change, 2009-2015	No change
QN70: Percer	tage of students v	who were trying t	to lose weight					
35.3	34.3	32.2	37.2	30.0	34.9	No linear change	No quadratic change	No change
	tage of students v		x fruit juice (100%	fruit juices one	or more times			
	ays before the sur	vey)						

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	He	alth Risk Behav	ior and Percenta	iges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
QN72: Percer he survey)	tage of students	who did not eat fi	ruit (one or more	times during the	7 days before			
13.5	16.3	10.2	11.2	10.8	9.3	Decreased, 2005-2015	No quadratic change	No change
QNFR0: Perce days before the	entage of students e survey)	s who did not eat	fruit or drink 100	0% fruit juices (d	uring the 7			
6.5	7.4	5.4	6.0	5.6	4.1	No linear change	No quadratic change	No change
	entage of students e 7 days before th		drank 100% frui	juices one or mo	ore times per			
64.6	61.8	66.2	65.0	63.5	68.0	No linear change	No quadratic change	No change
	entage of students e 7 days before th		drank 100% frui	juices two or mo	ore times per			
34.8	32.6	34.4	36.5	34.7	35.5	No linear change	No quadratic change	No change
			decents 1000/ female	iuicas three or n	ore times per			
QNFR3: Perc	entage of students e 7 days before th	s who ate fruit or e survey)	drank 100% frui	Juices unee of in	iore times per			

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	Hea	alth Risk Behavi	ior and Percenta	iges		Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015			
QN73: Percen	tage of students v	who did not eat sa	alad (during the 7	days before the	survey)			
39.1	43.0	41.2	42.8	40.4	37.3	No linear change	No change, 2005-2011 Decreased, 2011-2015	No change
QN74: Percen	tage of students v	who did not eat p	otatoes (during th	e 7 days before t	he survey)			
39.0	39.9	36.3	38.7	39.8	37.7	No linear change	No quadratic change	No change
QN75: Percen	tage of students v	who did not eat ca	arrots (during the	7 days before the	e survey)			
51.3	47.9	45.8	50.0	50.0	44.8	No linear change	No quadratic change	Decreased
QN76: Percen survey)	tage of students v	who did not eat o	ther vegetables (c	luring the 7 days	before the			
19.7	23.2	21.2	20.2	20.9	18.5	No linear change	No quadratic change	No change

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	Hea	alth Risk Behavi	ior and Percenta	ges		Linear Change <sup>*</sup>	Quadratic Change*	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
	ercentage of studer ried potatoes, or p vey)							
9.0	9.6	8.3	10.2	8.2	7.1	No linear change	No quadratic change	No change
							-	
potatoes [excludering the 7 data	ercentage of studer uding French fries ays before the sur	s, fried potatoes, vey)	or potato chips], o	carrots, or other v	egetables,			
potatoes [excl	uding French fries	s, fried potatoes,				No linear change	No quadratic change	No change
ootatoes [exch luring the 7 da 56.6 QNVEG2: Pe potatoes [exch	uding French fries ays before the sur	s, fried potatoes, every) 59.9 nts who ate veget s, fried potatoes, e	or potato chips], o 58.7 tables two or mor	58.4 times per day (§	egetables, 60.4 green salad,	No linear change	No quadratic change	No change
potatoes [excluduring the 7 da 56.6 QNVEG2: Pe potatoes [exclu	uding French fries ays before the sur 56.5 ercentage of studes uding French fries	s, fried potatoes, every) 59.9 nts who ate veget s, fried potatoes, e	or potato chips], o 58.7 tables two or mor	58.4 times per day (§	egetables, 60.4 green salad,	No linear change No linear change	No quadratic change No quadratic change	No change No change
potatoes [exch during the 7 da 56.6 QNVEG2: Pe potatoes [exch during the 7 da 24.7 QNVEG3: Pe potatoes [exch	uding French fries ays before the sur 56.5 ercentage of studer uding French fries ays before the sur	s, fried potatoes, every) 59.9 nts who ate veget s, fried potatoes, every) 28.5 nts who ate veget s, fried potatoes, e	or potato chips], o 58.7 tables two or mor or potato chips], o 24.9 tables three or mo	58.4 e times per day (g carrots, or other v 27.4 re times per day	egetables, 60.4 green salad, egetables, 28.1 (green salad,			

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	He	alth Risk Behav	ior and Percenta	nges		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	—		
	ntage of students v soda or diet pop,				oop (not			
	20.4	17.2	19.8	29.0	28.8	Increased, 2007-2015	Not available <sup>§</sup>	No change
	Percentage of stud (not including die							
						Decreased, 2007-2015	Not available	Decreased
times per day QNSODA2: I	(not including die 25.1 Percentage of stud	22.3 lents who drank a	22.0 a can, bottle, or gl	ys before the surv 18.7 lass of soda or po	vey) 13.0 p two or more	Decreased, 2007-2015	Not available	Decreased
times per day QNSODA2: I	(not including die 25.1	22.3 lents who drank a	22.0 a can, bottle, or gl	ys before the surv 18.7 lass of soda or po	vey) 13.0 p two or more	Decreased, 2007-2015	Not available	Decreased
times per day QNSODA2: I	(not including die 25.1 Percentage of stud	22.3 lents who drank a	22.0 a can, bottle, or gl	ys before the surv 18.7 lass of soda or po	vey) 13.0 p two or more	Decreased, 2007-2015 Decreased, 2007-2015	Not available Not available	Decreased
times per day QNSODA2: I times per day QNSODA3: I	(not including die 25.1 Percentage of stud (not including die	22.3 lents who drank a t soda or diet pop 13.5 lents who drank a	22.0 22.0 a can, bottle, or gl o, during the 7 da 14.7 a can, bottle, or gl	ys before the surv 18.7 lass of soda or po ys before the surv 12.7 lass of soda or po	rey) 13.0 p two or more rey) 8.4 p three or			

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	неа	alth Risk Behavi	or and Percenta	ges	Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>	
2005	2007	2009	2011	2013	2015	-		
QN78: Percenta	age of students v	vho did not drink	milk (during the	7 days before the	e survey)			
				17.4	16.6	No linear change	Not available <sup>§</sup>	No change
		ents who drank o	ne or more glasse	es per day of milk	c (during the 7			
days before the	survey)			40.9	39.8	No linear change	Not available	No change
QNMILK2: Per days before the		ents who drank ty	wo or more glasse	es per day of mill	c (during the 7			
				22.9	26.6	No linear change	Not available	No change
QNMILK3: Per 7 days before th	rcentage of stude e survey)	ents who drank th	nree or more glass	ses per day of mi	lk (during the			
				9.8	12.0	No linear change	Not available	No change
QN79: Percenta	age of students v	who did not eat b	reakfast (during t	he 7 days before	the survey)			
				14.9	14.1	No linear change	Not available	No change

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**10-year Trend Analysis Report** 

Male Weight Manage		-	ior and Percenta	ges	Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>	
2005	2007	2009	2011	2013	2015	_		
QNBK7DAY: the survey)	: Percentage of st	tudents who ate b	reakfast on all 7 c	lays (during the	7 days before			
, , , , , , , , , , , , , , , , , , ,				37.1	39.2	No linear change	Not available <sup>§</sup>	No change

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**10-year Trend Analysis Report** 

	Hea	alth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
nore days (doi	tage of students v ing any kind of pl ome of the time d	nysical activity th	at increased their	heart rate and m				
			54.3	55.7	59.0	Increased, 2011-2015	Not available <sup>§</sup>	No change
			54.5	55.1	59.0	increased, 2011-2015		
ctivity on at le	Percentage of stu east 1 day (doing eathe hard some o	any kind of phys	ot participate in a ical activity that i	t least 60 minutes	s of physical	Increased, 2011-2013		
activity on at le	east 1 day (doing	any kind of phys	ot participate in a ical activity that i	t least 60 minutes	s of physical	No linear change	Not available	No change
activity on at long the second	east 1 day (doing	any kind of phys f the time during idents who were ysical activity tha	ot participate in a ical activity that i the 7 days before 13.0 physically active it increased their	t least 60 minutes ncreased their he the survey) 12.7 at least 60 minut heart rate and ma	s of physical eart rate and 10.9			
ctivity on at long the second	east 1 day (doing eathe hard some o Percentage of stu ng any kind of ph	any kind of phys f the time during idents who were ysical activity tha	ot participate in a ical activity that i the 7 days before 13.0 physically active it increased their	t least 60 minutes ncreased their he the survey) 12.7 at least 60 minut heart rate and ma	s of physical eart rate and 10.9			
activity on at lo made them bre QNPA7DAY: all 7 days (doin breathe hard so	east 1 day (doing eathe hard some o Percentage of stu ng any kind of ph	any kind of phys f the time during idents who were ysical activity tha luring the 7 days	ot participate in a ical activity that i the 7 days before 13.0 physically active it increased their before the survey 32.5	t least 60 minutes ncreased their he the survey) 12.7 at least 60 minut heart rate and ma	s of physical eart rate and 10.9 es per day on de them 35.5	No linear change	Not available	No change

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**10-year Trend Analysis Report** 

	Hea	alth Risk Behavi	ior and Percenta	iges		Linear Change <sup>*</sup>	Quadratic Change*	<b>Change from 2013-2015</b> <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
			or computer gan school work on ar					
	32.5	32.2	34.5	38.6	43.3	Increased, 2007-2015	Not available <sup>§</sup>	No change
	tage of students when they were in		visical education cl	lasses on 1 or mo	re days (in an			
			sical education cl	lasses on 1 or mo 58.2	re days (in an 60.4	No linear change	No quadratic change	No change
average week v 65.3 QNDLYPE: P	when they were in 61.1	n school) 60.2 lents who attende		58.2	60.4	No linear change	No quadratic change	No change
average week v 65.3 QNDLYPE: P	when they were in 61.1 Percentage of stud	n school) 60.2 lents who attende	60.2	58.2	60.4	No linear change No linear change	No quadratic change No quadratic change	No change No change
Average week v 65.3 QNDLYPE: P Average week v 42.0 QN84: Percent	when they were in 61.1 Percentage of stud when they were in 42.9	n school) 60.2 lents who attende n school) 41.6 who played on at	60.2 d physical educat 42.0 least one sports to	58.2 tion classes on all 43.5	60.4 5 days (in an 45.2			

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fale Other	Не	alth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
QN87: Percen	tage of students	who had ever bee	n told by a doctor	or nurse that the	ey had asthma			
	22.1	21.1	20.9	20.3	20.5	No linear change	Not available <sup>§</sup>	No change

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Male Site-Added								
	Неа	alth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change <sup>*</sup>	<b>Change from 2013-2015</b> <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN90: Percer threatened the way	ntage of students v m, limited their ac	who responded th ctivities against th	at the person they heir will, or made	were going out them feel unsafe	with had ever in any other			
		10.2	9.1	5.2	6.8	Decreased, 2009-2015	Not available <sup>§</sup>	No change
QN91: Percer lesbian, or bis	ntage of students v exual (one or more	vho have been ha e times during the	rassed because so a 12 months before	omeone thought t re the survey)	hey were gay,			
		12.5	10.1	11.0	12.2	No linear change	Not available	No change
QN95: Percer to die (such as before the surv	ntage of students v cutting or burning vey)	vho did somethin g themselves on J	g to purposely hu ourpose one or me	ore times during	thout wanting the 12 months			
		10.6	10.9	10.9	11.7	No linear change	Not available	No change
	ntage of students v e first time they ha							
			12.0	12.8	10.5	No linear change	Not available	No change

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-Added	He	alth Risk Behav	ior and Percenta	ges		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN98: Percent more times)	tage of students	who have been pr	regnant or gotten	someone pregnar	nt (one or			
4.9	5.6	5.4	7.1	3.7	3.6	No linear change	No change, 2005-2011 Decreased, 2011-2015	No change
QN99: Percent	tage of students	who have ever pa	rticipated in oral	sex				
	40.1	43.0	40.8	38.8	39.2	No linear change	Not available <sup>§</sup>	No change
QN101: Percer feminine and m		who think other	people at school	would describe th	nem as equally			
				8.7	11.3	No linear change	Not available	No change
QN102: Percer	ntage of students	who have been t	aught about AID	S or HIV infectio	n in school			
88.2	87.0	89.0	85.4	88.7	86.2	No linear change	No quadratic change	No change
QN103: Percer transmitted dise		who have been t	old by a doctor o	r nurse that they	had a sexually			
		5.9	4.4	3.2	3.8	No linear change	Not available	No change

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Male Site-Added	He	alth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
pregnancy, AI	entage of students DS, or other sexu s who have had a	s who reported the ally transmitted of a check-up)	eir doctor or nurse liseases (STDs) (	e discussed ways during their last o	to prevent check-up,			
		36.0	32.6	41.0	39.9	Increased, 2009-2015	Not available <sup>8</sup>	No change

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emale jury and Viole		alth Risk Behavi	ior and Percenta	iges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
	age of students wi			helmet (among st	udents who			
71.2	70.8	73.6	73.6	70.9	68.2	No linear change	No quadratic change	No change
QN9: Percent by someone el	age of students wi	ho rarely or neve	r wore a seat belt	(when riding in a	a car driven			
5.9	4.6	4.2	3.3	3.1	2.6	Decreased, 2005-2015	No quadratic change	No change
QN10: Percer other vehicle of	ntage of students vone or more times	who rode with a c during the 30 da	lriver who had be ys before the surv	een drinking alcol vey)	nol (in a car or			
27.4	27.8	24.8	24.0	20.2	20.9	Decreased, 2005-2015	No quadratic change	No change
	ntage of students v the survey, amor e survey)							
				4.6	4.0	No linear change	Not available <sup>§</sup>	No change

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ury and Viole		llth Risk Behav	or and Percenta	nges		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
least 1 day dur	ntage of students v ing the 30 days be the 30 days befor	efore the survey,						
				30.5	32.5	No linear change	Not available <sup>§</sup>	No change
	ntage of students v 30 days before th		apon (such as a g	un, knife, or club	on at least 1			
7.1	6.2	6.0	6.2	3.4	4.7	Decreased, 2005-2015	No quadratic change	No change
QN14: Percer survey)	ntage of students v	who carried a gur	(on at least 1 da	y during the 30 d	ays before the			
1.7	1.1	0.7	0.8	0.4	0.4	Decreased, 2005-2015	No quadratic change	No change
	ntage of students v t 1 day during the			roperty (such as a	gun, knife, or			
3.8	2.7	3.2	2.4	0.9	1.6	Decreased, 2005-2015	No quadratic change	No change
	tage of students v from school (on a							
their way to or					4.9	No linear change	No quadratic change	No change

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Female njury and Violei		alth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN17: Percent (such as a gun,	tage of students v knife, or club on	who were threaten the or more times of	ned or injured with luring the 12 more	h a weapon on so oths before the su	chool property rvey)			
7.3	4.7	5.5	4.6	2.1	3.0	Decreased, 2005-2015	No quadratic change	No change
QN18: Percent months before t	tage of students v the survey)	who were in a phy	vsical fight (one o	or more times dur	ring the 12			
29.3	21.9	25.1	23.5	15.4	11.9	Decreased, 2005-2015	No quadratic change	No change
	tage of students v before the survey				mes during			
3.5	2.1	2.4	2.3	2.7	1.3	No linear change	No quadratic change	No change
	tage of students v e 12 months befo		vsical fight on scl	nool property (on	e or more			
10.3	7.5	8.0	8.3	2.7	2.8	Decreased, 2005-2015	No quadratic change	No change
QN21: Percent (when they did	tage of students v not want to)	who were ever ph	ysically forced to	have sexual inte	rcourse			
13.2	9.5	9.3	7.9	8.9	8.8	Decreased, 2005-2015	Decreased, 2005-2011 No change, 2011-2015	No change

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g	ence He	alth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
during the 12 with an object	months before the or weapon on pu	who experienced p e survey, including rpose by someone with someone du	g being hit, slam they were dating	ned into somethi g or going out wi	ng, or injured th among			
			0	7.9	9.1	No linear change	Not available <sup>§</sup>	No change
during the 12 to have sexual	months before the intercourse wher	who experienced a e survey, including a they did not wan l or went out with	g kissing, touchir It to by someone	g, or being physichey were dating	ically forced or going out	_		
during the 12 to have sexual with among st	months before the intercourse wher	e survey, including they did not wan	g kissing, touchir It to by someone	g, or being physichey were dating	ically forced or going out	No linear change	Not available	No change
during the 12 to have sexual with among st survey)	months before the intercourse wher udents who dated	e survey, including they did not wan	g kissing, touchir it to by someone someone during	g, or being physi they were dating the 12 months be 15.2	ically forced or going out fore the 16.0	No linear change	Not available	No change
during the 12 to have sexual with among st survey) QN24: Percer	months before the intercourse wher udents who dated	e survey, including n they did not wan l or went out with	g kissing, touchir it to by someone someone during	g, or being physi they were dating the 12 months be 15.2	ically forced or going out fore the 16.0	No linear change	Not available Not available	No change No change
during the 12 to have sexual with among st survey) QN24: Percer before the surv QN25: Percer	months before the intercourse wher udents who dated ntage of students vey)	e survey, including n they did not wan l or went out with	g kissing, touchir it to by someone someone during on school proper 17.6 nically bullied (in	g, or being physichey were dating the 12 months be 15.2 ty (during the 12 17.4 cluding being bu	ically forced or going out fore the 16.0 months 19.2 llied through			

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10-year Trend Analysis Report

ury and Viole		alth Risk Behavi	ior and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2013-2015 †
2005	2007	2009	2011	2013	2015	-		
QN26: Percer a row so that t	ntage of students whey stopped doing	who felt sad or ho g some usual activ	opeless (almost ev vities during the	very day for 2 or 1 2 months before	more weeks in the survey)			
40.8	34.1	33.8	33.0	40.4	38.9	No linear change	Decreased, 2005-2009 Increased, 2009-2015	No change
QN27: Percer months before	tage of students with the survey)	who seriously cor	nsidered attemptin	ng suicide (during	g the 12			
23.0	16.6	18.1	16.3	19.9	21.1	No linear change	Decreased, 2005-2009 No change, 2009-2015	No change
	ntage of students v vey)	who attempted su	icide (one or mor	e times during th	e 12 months			
before the surv	9.4	7.9	11.2	10.1	11.0	No linear change	Decreased, 2005-2009 No change, 2009-2015	No change
before the surv 12.5								
12.5 QN30: Percer	ntage of students whad to be treated b	who attempted su by a doctor or nur	icide that resulted rse (during the 12	l in an injury, poi months before th	soning, or ne survey)			

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bacco Use	He	alth Risk Behavi	ior and Percenta	nges		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN31: Percen	tage of students v	who ever tried cig	garette smoking (	even one or two p	ouffs)			
47.8	39.1	40.5	41.7	36.1	24.8	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	Decreased
QN32: Percen	tage of students v	who smoked a wh	nole cigarette befo	ore age 13 years (	(for the first			
	0							
	6.8	7.1	6.5	3.3	3.7	Decreased, 2005-2015	No quadratic change	No change
time) 12.5 QN33: Percen	6.8 tage of students v		6.5 oked cigarettes (o			Decreased, 2005-2015	No quadratic change	No change
time) 12.5	6.8 tage of students v					Decreased, 2005-2015 Decreased, 2005-2015	No quadratic change No quadratic change	No change No change
time) 12.5 QN33: Percen days before the 14.5 QNFRCIG: Pe	6.8 tage of students v e survey) 8.9	who currently sm 9.3 ents who currentl	oked cigarettes (o	on at least 1 day c 8.4	luring the 30 6.0	, 		
time) 12.5 QN33: Percen days before the 14.5 QNFRCIG: Pe	6.8 tage of students v e survey) 8.9 ercentage of stude	who currently sm 9.3 ents who currentl	oked cigarettes (o	on at least 1 day c 8.4	luring the 30 6.0	, 		
time) 12.5 QN33: Percen days before the 14.5 QNFRCIG: Pe days during the 2.6 QNDAYCIG:	6.8 tage of students v e survey) 8.9 ercentage of stude e 30 days before t 1.8	who currently sm 9.3 ents who currentl the survey) 2.0 udents who current	oked cigarettes (o 12.4 y frequently smo	on at least 1 day o 8.4 ked cigarettes (or 0.2	during the 30 6.0 n 20 or more 0.5	Decreased, 2005-2015	No quadratic change	No change

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	He	alth Risk Behav	ior and Percenta	ages		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
QN41: Percer day during the		who ever drank a	lcohol (at least or	ne drink of alcoho	ol on at least 1			
74.7	75.0	70.4	68.0	63.2	60.8	Decreased, 2005-2015	No quadratic change	No change
QN42: Percer than a few sips		who drank alcoho	ol before age 13 y	years (for the first	time other			
25.7	22.5	20.1	20.6	14.1	12.4	Decreased, 2005-2015	No quadratic change	No change
	tage of students ing the 30 days b			ast one drink of a	lcohol on at			
40.2	38.2	36.4	32.3	29.6	26.1	Decreased, 2005-2015	No quadratic change	No change
			r more drinks of a ays before the sur	alcohol in a row ( rvey)	within a			
22.7	22.0	20.4	18.2	13.8	11.1	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
ON45: Parcar	tage of students	who reported that	t the largest numb the 30 days befo	per of drinks they re the survey)	had in a row			
was 10 or mor	e (within a couple	of nours during						

# San Diego High School Survey

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	He	alth Risk Behav	ior and Percenta	iges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015			
QN47: Percer	tage of students v	who ever used ma	arijuana (one or n	nore times during	their life)			
37.8	32.4	32.4	38.9	40.3	34.2	No linear change	No quadratic change	No change
QN48: Percer	tage of students v	who tried marijua	na before age 13	years (for the first	st time)			
8.2	8.4	6.2	8.7	6.2	3.9	Decreased, 2005-2015	No quadratic change	No change
QN49: Percer days before the	tage of students v e survey)	who currently use	ed marijuana (one	or more times d	uring the 30			
18.0	14.5	15.4	21.5	21.1	15.3	No linear change	No quadratic change	Decreased
	tage of students values ase, one or more			of cocaine, such a	s powder,			
8.5	8.2	6.1	6.9	4.3	2.8	Decreased, 2005-2015	No quadratic change	No change
	tage of students v cans, or inhaled an							
me)								

### San Diego High School Survey

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	He	alth Risk Behav	ior and Percenta	ges		Linear Change*	Quadratic Change*	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
	tage of students v e," one or more ti		ethamphetamines life)	(also called "spe	ed," "crystal,"			
7.7	6.0	3.3	3.2	1.2	1.9	Decreased, 2005-2015	No quadratic change	No change
QN54: Percen during their life		who ever used ec	stasy (also called	"MDMA," one o	r more times			
7.3	6.5	9.5	16.8	10.7	5.5	No linear change	Increased, 2005-2011 Decreased, 2011-2015	Decreased
	tage of students voore times during		eroids without a de	octor's prescription	on (pills or			
3.2	2.3	2.6	2.3	1.3	1.9	No linear change	No quadratic change	No change
QN57: Percen (such as OxyC luring their life	ontin, Percocet, V	who ever took pro Vicodin, codeine,	escription drugs w Adderall, Ritalin	vithout a doctor's , or Xanax, one o	prescription or more times			
			12.6	10.1	10.8	No linear change	Not available <sup>§</sup>	No change

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	He	alth Risk Behav	ior and Percenta	nges		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
		who ever injected or more times du		(used a needle to	inject any			
1.7	2.0	1.6	1.5	1.0	0.6	Decreased, 2005-2015	No quadratic change	No change

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	He	alth Risk Behavi	or and Percenta	ges		Linear Change <sup>*</sup>	Quadratic Change*	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN60: Percer	tage of students v	who ever had sex	ual intercourse		· · ·			
37.7	35.5	34.2	38.9	34.8	27.8	Decreased, 2005-2015	No quadratic change	No change
QN61: Percer	tage of students v	who had sexual ir	ntercourse before	age 13 years (for	the first time)			
3.4	4.4	2.9	2.9	1.7	1.2	Decreased, 2005-2015	No quadratic change	No change
	tage of students y	who had sexual ir	tercourse with fo	ur or more perso	ns (during			
	lage of students v	who had sexual h						
	5.8	7.4	8.8	4.9	3.1	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
their life) 7.4 QN63: Percer	-	7.4 who were current	8.8 ly sexually active	4.9		Decreased, 2005-2015		No change
their life) 7.4 QN63: Percer	5.8 tage of students v	7.4 who were current	8.8 ly sexually active	4.9		Decreased, 2005-2015 Decreased, 2005-2015		No change No change
their life) 7.4 QN63: Percer least one perso 27.9 QN64: Percer	5.8 stage of students v n during the 3 me	7.4 who were current onths before the s 25.0 who drank alcoho	8.8 ly sexually active urvey) 26.3 l or used drugs b	4.9 (sexual intercou 24.0	rse with at 20.4	, 	Decreased, 2011-2015	

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**10-year Trend Analysis Report** 

xual Behavior		alth Risk Behav	ior and Percenta	iges		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015			
	ntage of students were currently sex		om (during last se	xual intercourse a	among			
53.5	50.3	(2,2)	50.1	E 4 7	50.0		No successfunction also and	No obongo
QN85: Percer	ntage of students v	62.2 who were ever test	50.1 sted for HIV (not	54.7 including tests de	59.2	No linear change	No quadratic change	No change
QN85: Percer donating blood QN66: Percer	ntage of students v d)	who were ever tex	sted for HIV (not	including tests de 12.6 e last sexual inter	one when 12.0	No linear change	No quadratic change	No change
QN85: Percer donating blood QN66: Percer prevent pregn	ntage of students v d) ntage of students v ancy among stude	who were ever tes who used birth co nts who were cur	sted for HIV (not ontrol pills (before rrently sexually a	including tests de 12.6 e last sexual inter ctive)	one when 12.0 course to	No linear change	Not available <sup>§</sup>	No change
QN85: Percer donating blood	ntage of students v d)	who were ever tex	sted for HIV (not	including tests de 12.6 e last sexual inter	one when 12.0			
QN85: Percer donating blood QN66: Percer prevent pregna 14.4 QNIUDIMP: (e.g., Implano	ntage of students v d) ntage of students v ancy among stude	who were ever tes who used birth co nts who were cu 19.9 dents who used a before last sexua	sted for HIV (not ontrol pills (before rently sexually ac 24.9 n IUD (e.g., Mire	including tests de 12.6 e last sexual inter ctive) 25.2 ena or ParaGard)	one when 12.0 course to 18.8 or implant	No linear change	Not available <sup>§</sup>	No change

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emale exual Behavior	s							
	Hea	alth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
OrthoEvra), or	Percentage of stu birth control ring ently sexually act	g (e.g., NuvaRing						
				3.6	6.2	No linear change	Not available <sup>§</sup>	No change
patch, or birth	Percentage of stu control ring (befor ently sexually act	ore last sexual int		; an IUD or impla	ant; or a shot,	No linear change	Not available <sup>§</sup>	No change
patch, or birth	control ring (befo	ore last sexual int		; an IUD or impla	ant; or a shot,	No linear change No linear change	Not available <sup>§</sup>	No change No change
patch, or birth who were curr QNDUALBC: IUD or implan	control ring (befo	ve last sexual intrive) udents who used , or birth control	both a condom during before last so	; an IUD or impla nt pregnancy and 30.9 uring and birth co exual intercourse	ant; or a shot, ong students 27.3 ontrol pills; an			
patch, or birth who were curr QNDUALBC: IUD or implan	control ring (beforently sexually act Percentage of study, or a shot, patch	ve last sexual intrive) udents who used , or birth control	both a condom during before last so	; an IUD or impla nt pregnancy and 30.9 uring and birth co exual intercourse	ant; or a shot, ong students 27.3 ontrol pills; an			
patch, or birth who were curr QNDUALBC: IUD or implan STD and pregr QNBCNONE:	control ring (beforently sexually act Percentage of study, or a shot, patch	udents who used , or birth control lents who were cu	both a condom dring before last so irrently sexually ot use any metho	; an IUD or impla nt pregnancy amo 30.9 uring and birth co exual intercourse active) 11.0 d to prevent preg	ant; or a shot, ong students 27.3 ontrol pills; an (to prevent 8.6	No linear change	Not available	No change

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	Не	alth Risk Behav	ior and Percenta	iges		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
			rweight (>= 85th ific reference dat					
14.5	15.9	14.0	13.4	17.2	17.9	Increased, 2005-2015	No quadratic change	No change
			bese (>= 95th per om the 2000 CDC		nass index,			
8.6	6.6	7.7	6.9	6.7	7.5	No linear change	No quadratic change	No change
QN69: Percer	tage of students	who described the	emselves as slight	tly or very overw	eight			
37.8	35.5	30.5	29.2	37.8	37.8	No linear change	Decreased, 2005-2011 Increased, 2011-2015	No change
QN70: Percer	tage of students	who were trying	to lose weight					
60.2	59.8	59.2	59.7	64.5	60.5	No linear change	No quadratic change	No change
QN71: Percer			c fruit juice (100%	6 fruit juices one	or more times			
during the 7 da	ays before the sur	vey)						

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	He	alth Risk Behav	ior and Percenta	nges		Linear Change*	Quadratic Change*	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	—		
QN72: Percer he survey)	tage of students v	who did not eat fi	ruit (one or more	times during the	7 days before			
13.7	11.1	7.7	8.2	9.2	6.6	Decreased, 2005-2015	No quadratic change	No change
QNFR0: Percelays before the	entage of students e survey)	s who did not eat	fruit or drink 100	0% fruit juices (d	uring the 7			
6.4	4.2	3.8	4.0	3.8	3.5	Decreased, 2005-2015	No quadratic change	No change
	entage of students e 7 days before th		drank 100% frui	t juices one or mo	ore times per			
57.8	61.7	66.3	61.6	63.3	62.9	No linear change	Increased, 2005-2009 No change, 2009-2015	No change
	entage of students e 7 days before th		drank 100% frui	t juices two or mo	ore times per			
29.0	34.9	35.0	31.7	32.8	31.1	No linear change	Increased, 2005-2009 No change, 2009-2015	No change
	entage of students e 7 days before th		drank 100% frui	t juices three or n	nore times per			

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	Hea	alth Risk Behav	ior and Percenta	iges		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN73: Percer	tage of students v	who did not eat s	alad (during the 7	days before the	survey)			
31.7	32.0	32.4	36.1	30.5	30.5	No linear change	No quadratic change	No change
QN74: Percer	tage of students v	who did not eat p	otatoes (during th	ne 7 days before t	he survey)			
44.0	45.4	42.4	38.2	46.9	45.0	No linear change	No quadratic change	No change
QN75: Percer	tage of students v	who did not eat c	arrots (during the	7 days before the	e survey)			
50.3	45.4	44.3	47.6	43.4	44.6	No linear change	No quadratic change	No change
	tage of students v	who did not eat o	ther vegetables (a	luring the 7 days	before the			
survey)								

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	He	alth Risk Behavi	ior and Percenta	iges		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
	ercentage of studer ried potatoes, or p vey)							
7.1	6.6	6.1	5.5	4.8	4.1	Decreased, 2005-2015	No quadratic change	No change
	ercentage of stude							
potatoes [excl	ercentage of stude uding French fries ays before the sur 56.3	s, fried potatoes,				Increased, 2005-2015	No quadratic change	No change
potatoes [excl during the 7 d 53.7 QNVEG2: Pe potatoes [excl	uding French fries ays before the sur	s, fried potatoes, every) 62.7 nts who ate veget s, fried potatoes, e	or potato chips], o 57.4 ables two or mor	59.7 e times per day (§	egetables, 61.7 green salad,	Increased, 2005-2015	No quadratic change	No change
potatoes [excl during the 7 d 53.7 QNVEG2: Pe potatoes [excl	uding French fries ays before the sur 56.3 ercentage of stude uding French fries	s, fried potatoes, every) 62.7 nts who ate veget s, fried potatoes, e	or potato chips], o 57.4 ables two or mor	59.7 e times per day (§	egetables, 61.7 green salad,	Increased, 2005-2015 Increased, 2005-2015	No quadratic change Increased, 2005-2009 No change, 2009-2015	No change No change
potatoes [excl during the 7 d 53.7 QNVEG2: Pe potatoes [excl during the 7 d 21.7 QNVEG3: Pe potatoes [excl	uding French fries ays before the sur 56.3 ercentage of studes uding French fries ays before the sur	s, fried potatoes, every) 62.7 nts who ate veget s, fried potatoes, every) 28.7 nts who ate veget s, fried potatoes, every	57.4 57.4 cables two or mor or potato chips], o 26.3 cables three or mor	carrots, or other v 59.7 e times per day (g carrots, or other v 26.3 ore times per day	egetables, 61.7 green salad, egetables, 26.4 (green salad,		Increased, 2005-2009	

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	Hea	alth Risk Behav	ior and Percenta	nges		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	—		
	ntage of students v soda or diet pop,				oop (not			
	30.8	29.4	24.6	35.2	41.6	Increased, 2007-2015	Not available <sup>§</sup>	Increased
	Percentage of stud (not including die							
						Decreased, 2007-2015	Not available	No change
times per day	(not including die 14.2 Percentage of stud	et soda or diet pop 13.7 lents who drank a	o, during the 7 da 14.0 a can, bottle, or gl	8.2 lass of soda or po	7ey) 6.1 p two or more	Decreased, 2007-2015	Not available	No change
times per day	(not including die 14.2	et soda or diet pop 13.7 lents who drank a	o, during the 7 da 14.0 a can, bottle, or gl	8.2 lass of soda or po	7ey) 6.1 p two or more	Decreased, 2007-2015	Not available	No change
times per day	(not including die 14.2 Percentage of stud	et soda or diet pop 13.7 lents who drank a	o, during the 7 da 14.0 a can, bottle, or gl	8.2 lass of soda or po	7ey) 6.1 p two or more	Decreased, 2007-2015 Decreased, 2007-2015	Not available Not available	No change
times per day QNSODA2: F times per day QNSODA3: F	(not including die 14.2 Percentage of stud (not including die	et soda or diet pop 13.7 Ients who drank a et soda or diet pop 8.8 Ients who drank a	p, during the 7 day 14.0 a can, bottle, or gl p, during the 7 day 9.0 a can, bottle, or gl	8.2 kass of soda or po ys before the surv 4.0 kass of soda or po	6.1 p two or more (ey) 3.5 p three or			

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emale feight Manage	ment and Dietar He	-	ior and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
QN78: Percer	ntage of students v	who did not drink	milk (during the	7 days before the	e survey)			
				28.3	27.3	No linear change	Not available <sup>§</sup>	No change
	Percentage of stud	ents who drank o	ne or more glasse	es per day of milk	(during the 7			
days before the	e survey)			22.2	22.5	No linear change	Not available	No change
QNMILK2: P days before the	Percentage of stud e survey)	ents who drank ty	wo or more glasse	es per day of milk	c (during the 7			
				9.5	9.3	No linear change	Not available	No change
QNMILK3: P 7 days before	Percentage of stud the survey)	ents who drank th	hree or more glas	ses per day of mi	lk (during the			
				3.4	4.0	No linear change	Not available	No change
QN79: Percer	ntage of students v	who did not eat b	reakfast (during t	he 7 days before	the survey)			
				13.0	11.5	No linear change	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

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Female Weight Ma	anagement and Dietar He	•	ior and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QNBK7 the surve	DAY: Percentage of st	udents who ate b	oreakfast on all 7 o	lays (during the '	7 days before			
	- 5 /			34.1	34.9	No linear change	Not available <sup>8</sup>	No change

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	Hea	alth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
nore days (doi	tage of students v ing any kind of pl ome of the time d	hysical activity th	at increased their	heart rate and m	day on 5 or ade them			
			36.8	42.5	42.6	No linear change	Not available <sup>§</sup>	No change
	Percentage of st	idents who did no	ot participate in a	t least 60 minutes	s of physical			
ctivity on at l	Percentage of stu east 1 day (doing eathe hard some o	any kind of phys	ical activity that i the 7 days before	ncreased their he the survey)	eart rate and			
activity on at l	east 1 day (doing	any kind of phys	ical activity that i	ncreased their he		Decreased, 2011-2015	Not available	No change
Activity on at lende them bree DNPA7DAY:	east 1 day (doing	any kind of phys f the time during udents who were ysical activity tha	ical activity that i the 7 days before 21.3 physically active it increased their	ncreased their he the survey) 19.3 at least 60 minut heart rate and ma	eart rate and 15.6 tes per day on	Decreased, 2011-2015	Not available	No change
Cetivity on at lenade them bre DNPA7DAY:	east 1 day (doing eathe hard some o Percentage of stu ng any kind of ph	any kind of phys f the time during udents who were ysical activity tha	ical activity that i the 7 days before 21.3 physically active it increased their	ncreased their he the survey) 19.3 at least 60 minut heart rate and ma	eart rate and 15.6 tes per day on	Decreased, 2011-2015 No linear change	Not available Not available	No change No change
activity on at le made them bre QNPA7DAY: all 7 days (doin breathe hard so	east 1 day (doing eathe hard some o Percentage of stu ng any kind of ph	any kind of phys f the time during udents who were ysical activity tha during the 7 days	ical activity that i the 7 days before 21.3 physically active at increased their before the survey 16.7	ncreased their he the survey) 19.3 at least 60 minut heart rate and ma b) 20.1	tes per day on ade them 18.3			

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

### San Diego High School Survey

**10-year Trend Analysis Report** 

	Нег	llth Risk Behavi	ior and Percenta	ges		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
	ntage of students v er day (for somethi							
	21.8	25.2	28.7	41.7	46.4	Increased, 2007-2015	Not available <sup>§</sup>	No change
QN83: Percen average week 59.4	ntage of students v when they were ir 57.3	vho attended phy 1 school) 50.8	sical education cl	lasses on 1 or mo 52.3	re days (in an 57.1	No linear change	Decreased, 2005-2009 Increased, 2009-2015	No change
overage week 59.4 QNDLYPE: F	when they were ir	n school) 50.8 ents who attende	56.2	52.3	57.1	No linear change	Decreased, 2005-2009 Increased, 2009-2015	No change
average week 59.4 QNDLYPE: F	when they were ir 57.3 Percentage of stud	n school) 50.8 ents who attende	56.2	52.3	57.1	No linear change No linear change		No change No change
average week 59.4 QNDLYPE: F average week 39.2 QN84: Percen	when they were in 57.3 Percentage of stud when they were in	n school) 50.8 ents who attende n school) 33.9 vho played on at	56.2 d physical educat 39.1 least one sports to	52.3 ion classes on all 36.7	57.1 5 days (in an 39.8		Increased, 2009-2015	

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

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Female Other	He	alth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN87: Percer	ntage of students v	who had ever bee	n told by a doctor	or nurse that the	ey had asthma			
	21.1	20.8	22.7	16.1	17.7	Decreased, 2007-2015	Not available <sup>§</sup>	No change

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2005       2007       2009       2011       2013       2015         QN90: Percentage of students who responded that the person they were going out with had ever threatened them, limited their activities against their will, or made them feel unsafe in any other way       13.3       13.1       7.8       8.9       Decreased, 2009-2015       Not available <sup>§</sup> No cha         QN91: Percentage of students who have been harassed because someone thought they were gay, lesbian, or bisexual (one or more times during the 12 months before the survey)       10.1       11.4       7.6       10.9       No linear change       Not available       Increased         QN95: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)       22.1       22.7       24.7       26.0       No linear change       Not available       No cha         QN97: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)       22.1       22.7       24.7       26.0       No linear change       Not available       No cha	male te-Added								
QN90: Percentage of students who responded that the person they were going out with had ever threatened them, limited their activities against their will, or made them feel unsafe in any other way       13.3       13.1       7.8       8.9       Decreased, 2009-2015       Not available <sup>§</sup> No cha         QN91: Percentage of students who have been harassed because someone thought they were gay, lesbian, or bisexual (one or more times during the 12 months before the survey)       10.1       11.4       7.6       10.9       No linear change       Not available       Increased         QN95: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)       22.1       22.7       24.7       26.0       No linear change       Not available       No change         QN97: Percentage of students who as exported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)       Not available       No change		He	alth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change*	<b>Change from</b> 2013-2015 <sup>†</sup>
threatened them, Timited their activities against their will, or made them feel unsafe in any other way         13.3       13.1       7.8       8.9       Decreased, 2009-2015       Not available <sup>8</sup> No cha         QN91: Percentage of students who have been harassed because someone thought they were gay, lesbian, or bisexual (one or more times during the 12 months before the survey)       10.1       11.4       7.6       10.9       No linear change       Not available       Increased         QN95: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)       No linear change       Not available       No cha         QN95: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)       22.1       22.7       24.7       26.0       No linear change       Not available       No cha         QN97: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse (among students who have had sexual intercourse)       Vot available       No cha	2005	2007	2009	2011	2013	2015	_		
QN91: Percentage of students who have been harassed because someone thought they were gay, lesbian, or bisexual (one or more times during the 12 months before the survey)       10.1       11.4       7.6       10.9       No linear change       Not available       Increase         QN95: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)       22.1       22.7       24.7       26.0       No linear change       Not available       No change         QN97: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)       22.7       24.7       26.0       No linear change       Not available       No change	threatened them,	ge of students limited their a	who responded the ctivities against the	at the person they heir will, or made	were going out them feel unsafe	with had ever in any other			
lesbian, or bisexual (one or more times during the 12 months before the survey)       10.1       11.4       7.6       10.9       No linear change       Not available       Increase         QN95: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)       22.1       22.7       24.7       26.0       No linear change       Not available       No change         QN97: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)       No linear change       Not available       No change			13.3	13.1	7.8	8.9	Decreased, 2009-2015	Not available <sup>§</sup>	No change
QN95: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)       22.1       22.7       24.7       26.0       No linear change       Not available       No change         QN97: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)       Not available       No change						hey were gay,			
to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey) 22.1 22.7 24.7 26.0 No linear change Not available No cha QN97: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)			10.1	11.4	7.6	10.9	No linear change	Not available	Increased
QN97: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)	to die (such as cu	itting or burnin	who did somethin ng themselves on p	g to purposely hu purpose one or m	ort themselves wi	thout wanting the 12 months			
themselves the first time they had sexual intercourse (among students who have had sexual intercourse)			22.1	22.7	24.7	26.0	No linear change	Not available	No change
23.0 21.8 19.2 No linear change Not available No cha	themselves the fir								
25.0 21.6 19.2 No meat change Not available No cha				23.0	21.8	19.2	No linear change	Not available	No change

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nale e-Added	Hea	alth Risk Behavi	or and Percenta	ges		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN98: Percen more times)	tage of students v	vho have been pr	egnant or gotten	someone pregnar	nt (one or			
5.1	4.9	2.7	4.1	1.5	1.9	Decreased, 2005-2015	No quadratic change	No change
QN99: Percen	tage of students v	who have ever pa	rticipated in oral	sex				
	34.1	29.8	35.3	35.7	32.0	No linear change	Not available <sup>§</sup>	No change
QN101: Perce feminine and n	ntage of students	who think other	people at school	would describe th	nem as equally			
				12.2	11.7	No linear change	Not available	No change
QN102: Perce	ntage of students	who have been t	aught about AID	S or HIV infectio	n in school			
QN102: Perce 90.2	ntage of students 86.3	who have been t 87.2	aught about AID 87.0	S or HIV infectio 88.5	n in school 86.6	No linear change	No quadratic change	No change
90.2	86.3 ntage of students	87.2	87.0	88.5	86.6	No linear change	No quadratic change	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

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Female Site-Added	Не	alth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
pregnancy, AI	entage of students DS, or other sexu s who have had a	ally transmitted d	eir doctor or nurse liseases (STDs) (	e discussed ways during their last o	to prevent check-up,			
		40.1	42.4	45.0	39.5	No linear change	Not available <sup>§</sup>	No change

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jury and Viole		alth Risk Behavi	or and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2013-2015 <sup>§</sup>
2005	2007	2009	2011	2013	2015	_		
	age of students w			nelmet (among str	udents who			
61.6	58.1	63.2	55.7	57.4	52.5	Decreased, 2005-2015	No quadratic change	No change
QN9: Percenta by someone els	age of students w	ho rarely or neve	r wore a seat belt	(when riding in a	a car driven			
5.6	2.1	0.7	1.8	4.0	2.9	No linear change	Decreased, 2005-2009 Increased, 2009-2015	No change
QN10: Percen other vehicle o	tage of students vone or more times	who rode with a d during the 30 da	lriver who had be ys before the surv	en drinking alcoh vey)	nol (in a car or			
26.9	25.7	23.9	24.3	18.0	20.2	Decreased, 2005-2015	No quadratic change	No change
QN11: Percen 30 days before days before the	tage of students v the survey, amor e survey)	who drove when a students who h	drinking alcohol ( ad driven a car o	(one or more time r other vehicle du	es during the uring the 30			
				10.3	8.7	No linear change	Not available <sup>¶</sup>	No change

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/hite* ajury and Viole		llth Risk Behavi	or and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change $^{\dagger}$	Change from 2013-2015 <sup>§</sup>
2005	2007	2009	2011	2013	2015	-		
least 1 day dur	tage of students v ing the 30 days be the 30 days befor	efore the survey,						
				43.0	45.3	No linear change	Not available <sup>¶</sup>	No change
day during the	tage of students v 30 days before th	e survey)						
13.5	14.4	12.8	9.6	13.0	10.3	No linear change	No quadratic change	No change
QN14: Percen survey)	tage of students v	who carried a gun	(on at least 1 day	y during the 30 da	ays before the			
2.2	3.5	2.6	2.2	3.6	1.8	No linear change	No quadratic change	No change
	tage of students v t 1 day during the			operty (such as a	gun, knife, or			
3.9	3.2	3.0	4.6	3.5	2.6	No linear change	No quadratic change	No change
QN16: Percen their way to or	tage of students v from school (on a	who did not go to at least 1 day dur	school because t ing the 30 days b	hey felt unsafe at efore the survey)	school or on			
5.1	2.5	2.7	3.3	4.5	2.5	No linear change	No quadratic change	No change

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Vhite* njury and Viole		alth Risk Behavi	or and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change $^{\dagger}$	Change from 2013-2015 <sup>§</sup>
2005	2007	2009	2011	2013	2015	_		
	tage of students v , knife, or club on							
9.1	5.5	7.3	4.5	5.1	3.2	Decreased, 2005-2015	No quadratic change	No change
QN18: Percen months before	tage of students v the survey)	who were in a phy	vsical fight (one o	or more times dur	ing the 12			
33.2	23.3	27.0	22.3	17.8	16.1	Decreased, 2005-2015	No quadratic change	No change
	tage of students v before the survey				mes during			
3.7	1.7	2.8	3.3	3.3	1.1	No linear change	No quadratic change	Decreased
QN20: Percen times during th	tage of students v ne 12 months befo	who were in a phy ore the survey)	vsical fight on scl	nool property (on	e or more			
11.3	8.4	8.2	10.7	4.5	4.4	Decreased, 2005-2015	No quadratic change	No change
QN21: Percen (when they did	tage of students v l not want to)	vho were ever ph	ysically forced to	have sexual inte	rcourse			
9.6	8.0	5.9	4.6	6.6	6.5	No linear change	No quadratic change	No change

<sup>\*</sup>Non-Hispanic. <sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. <sup>§</sup>Based on t-test analysis, p < 0.05.

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	ence Hea	alth Risk Behavi	or and Percenta	nges		Linear Change <sup>†</sup>	Quadratic Change $^{\dagger}$	Change from 2013-2015 §
2005	2007	2009	2011	2013	2015	_		
during the 12 with an object	ntage of students v months before the or weapon on put dated or went out	e survey, including	g being hit, slam they were dating	med into somethi g or going out wi	ng, or injured th among			
			0	5.5	8.0	No linear change	Not available <sup>¶</sup>	No change
during the 12 to have sexual with among st	ntage of students v months before the l intercourse when udents who dated	e survey, including they did not wan	g kissing, touchin It to by someone	ng, or being physic they were dating	ically forced or going out			
during the 12 to have sexual with among st	months before the intercourse when	e survey, including they did not wan	g kissing, touchin It to by someone	ng, or being physic they were dating	ically forced or going out	No linear change	Not available	No change
during the 12 to have sexual with among st survey)	months before the l intercourse when udents who dated	e survey, including a they did not wan or went out with	g kissing, touchir it to by someone someone during	ng, or being phys they were dating the 12 months be 11.5	ically forced or going out fore the 11.7	No linear change	Not available	No change
during the 12 to have sexual with among st survey) QN24: Percer	months before the l intercourse when udents who dated	e survey, including a they did not wan or went out with	g kissing, touchir it to by someone someone during	ng, or being phys they were dating the 12 months be 11.5	ically forced or going out fore the 11.7	No linear change Increased, 2011-2015	Not available Not available	No change No change
during the 12 to have sexual with among st survey) QN24: Percer before the sur QN25: Percer	months before the l intercourse when udents who dated	e survey, including a they did not wan or went out with who were bullied	g kissing, touchir it to by someone someone during on school proper 16.1 nically bullied (in	ng, or being phys they were dating the 12 months be 11.5 ty (during the 12 20.0 cluding being bu	ically forced or going out fore the 11.7 months 21.4 llied through			

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	ence Hea	alth Risk Behavi	or and Percenta	ges		Linear Change $^{\dagger}$	Quadratic Change $^{\dagger}$	<b>Change from</b> 2013-2015 §
2005	2007	2009	2011	2013	2015	_		
	tage of students v hey stopped doing							
29.8	21.2	20.8	20.1	25.6	22.2	No linear change	Decreased, 2005-2009 No change, 2009-2015	No change
QN27: Percen months before	tage of students w the survey)	vho seriously cor	nsidered attemptir	ng suicide (during	g the 12			
18.2	12.8	8.9	12.1	12.2	12.8	No linear change	Decreased, 2005-2009 No change, 2009-2015	No change
	tage of students y	who attempted su	icide (one or mor	e times during th	e 12 months			
QN29: Percen before the surv								
		1.9	7.3	5.2	5.3	No linear change	Decreased, 2005-2009 Increased, 2009-2015	No change
8.3 QN30: Percen	vey)	who attempted su	icide that resulted	l in an injury, poi	soning, or	No linear change		No change

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	He	alth Risk Behav	ior and Percenta	ages		Linear Change $^{\dagger}$	Quadratic Change $^{\dagger}$	<b>Change from 2013-2015</b> §
2005	2007	2009	2011	2013	2015	_		
QN31: Percer	tage of students	who ever tried cig	garette smoking (	even one or two j	puffs)			
47.3	40.4	39.5	34.8	32.9	23.6	Decreased, 2005-2015	No quadratic change	Decreased
QN32: Percer time)	ntage of students	who smoked a wh	nole cigarette bef	ore age 13 years	(for the first			
11.3	7.0	5.0	7.7	4.2	3.9	Decreased, 2005-2015	No quadratic change	No change
QN33: Percer days before th	ntage of students v e survey)	who currently sm	oked cigarettes (	on at least 1 day o	during the 30			
18.5	13.8	13.6	13.0	12.3	8.3	Decreased, 2005-2015	No quadratic change	No change
QNFRCIG: P days during th	ercentage of stud e 30 days before	ents who currentl the survey)	y frequently smo	ked cigarettes (or	n 20 or more			
5.8	4.0	3.7	5.3	1.6	1.1	Decreased, 2005-2015	No quadratic change	No change
ONDAYCIG:	Percentage of students	udents who curre	ntly smoked ciga	rettes daily (on al	ll 30 days			
during the 30	adjo obrore die oe							

<sup>\*</sup>Non-Hispanic. <sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. <sup>§</sup>Based on t-test analysis, p < 0.05.

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	He	alth Risk Behavi	ior and Percenta	nges		Linear Change <sup><math>\dagger</math></sup>	Quadratic Change $^{\dagger}$	Change from 2013-2015 <sup>§</sup>
2005	2007	2009	2011	2013	2015	_		
QN41: Percer day during the	tage of students v ir life)	who ever drank a	lcohol (at least or	ne drink of alcoho	ol on at least 1			
76.3	74.8	72.8	60.9	62.5	62.5	Decreased, 2005-2015	No quadratic change	No change
QN42: Percer than a few sips	tage of students v	who drank alcoho	ol before age 13 y	ears (for the first	time other			
21.9	21.9	16.6	18.8	14.8	11.3	Decreased, 2005-2015	No quadratic change	No change
	tage of students ving the 30 days b			ast one drink of a	lcohol on at			
49.1	42.1	38.2	27.3	37.4	31.8	Decreased, 2005-2015	Decreased, 2005-2011 No change, 2011-2015	No change
	tage of students s on at least 1 day				within a			
29.2	26.6	22.3	16.2	21.7	16.1	Decreased, 2005-2015	No quadratic change	No change
	tage of students e (within a couple				had in a row			
						No linear change		

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	He	alth Risk Behav	ior and Percenta	iges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	<b>Change from</b> <b>2013-2015</b> §
2005	2007	2009	2011	2013	2015	_		
QN47: Percer	tage of students v	who ever used ma	arijuana (one or n	nore times during	their life)			
42.4	38.6	39.6	31.9	38.0	38.1	No linear change	No quadratic change	No change
QN48: Percer	tage of students v	who tried marijua	na before age 13	years (for the first	st time)			
6.8	9.6	5.8	6.2	6.6	4.7	No linear change	No quadratic change	No change
QN49: Percer days before the	tage of students v e survey)	who currently use	ed marijuana (one	or more times d	uring the 30			
26.1	22.3	22.6	17.8	23.6	20.1	Decreased, 2005-2015	No quadratic change	No change
QN50: Percer crack, or freeb	tage of students vase, one or more	who ever used co times during thei	caine (any form o r life)	of cocaine, such a	s powder,			
8.0	10.9	7.8	7.6	8.6	4.3	Decreased, 2005-2015	No quadratic change	Decreased
QN51: Percer	tage of students v cans, or inhaled a		nalants (sniffed gives to get high, one					
	,							

<sup>\*</sup>Non-Hispanic. <sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. <sup>§</sup>Based on t-test analysis, p < 0.05.

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	He	alth Risk Behavi	ior and Percenta	iges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2013-2015 <sup>§</sup>
2005	2007	2009	2011	2013	2015	-		
	tage of students v e," one or more ti			(also called "spe	ed," "crystal,"			
5.6	5.7	4.3	3.7	4.7	3.6	No linear change	No quadratic change	No change
QN54: Percen during their lif	tage of students v	who ever used ec	stasy (also called	"MDMA," one o	or more times			
7.0	10.0	11.1	15.2	10.6	7.1	No linear change	Increased, 2005-2011 Decreased, 2011-2015	No change
	tage of students voore times during		roids without a d	octor's prescriptio	on (pills or			
2.4	2.1	2.0	2.0	2.0	2.1	No linear change	No quadratic change	No change
	tage of students v ontin, Percocet, V e)							
			18.4	16.4	16.6	No linear change	Not available <sup>¶</sup>	No change

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'hite* Icohol and Oth	8	alth Risk Behav	ior and Percenta	iges		Linear Change <sup>†</sup>	Quadratic Change $^{\dagger}$	Change from 2013-2015 <sup>§</sup>
2005	2007	2009	2011	2013	2015	_		
	ntage of students to their body one			(used a needle to	inject any			
0.6	2.0	0.8	2.9	1.7	1.6	No linear change	No quadratic change	No change
QN59: Percer	2.0 ntage of students on ng the 12 months	0.8 who were offered	2.9 , sold, or given a			No linear change	No quadratic change	No change

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hite* xual Behavior		alth Risk Behavi	ior and Percenta	ges		Linear Change $^{\dagger}$	Quadratic Change $^{\dagger}$	Change from 2013-2015 §
2005	2007	2009	2011	2013	2015			
QN60: Percen	tage of students	who ever had sex	ual intercourse					
38.5	37.7	32.7	28.5	34.3	31.5	Decreased, 2005-2015	No quadratic change	No change
QN61: Percen	tage of students	who had sexual in	ntercourse before	age 13 years (for	the first time)			
2.9	4.6	2.6	2.4	3.6	2.4	No linear change	No quadratic change	No change
QN62: Percen their life)	tage of students v	who had sexual in	ntercourse with fo	our or more perso	ns (during			
9.7	8.6	8.1	9.3	7.3	7.1	No linear change	No quadratic change	No change
QN63: Percen least one perso	tage of students von during the 3 m <sup>2</sup>	who were current onths before the s	ly sexually active survey)	(sexual intercou	rse with at			
29.1	28.1	27.6	20.4	26.0	25.1	No linear change	No quadratic change	No change
QN85: Percen donating blood		who were ever te	sted for HIV (not	including tests de	one when			

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	He	alth Risk Behav	ior and Percenta	nges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2013-2015 §
2005	2007	2009	2011	2013	2015	_		
	rcentage of studer index, based on s							
10.3	9.6	10.8	9.7	10.4	11.2	No linear change	No quadratic change	No change
	Percentage of stud and age-specific 1				nass index,			
7.7	4.7	6.1	7.1	7.4	5.3	No linear change	No quadratic change	No change
QN69: Percer	ntage of students	who described the	emselves as slight	tly or very overw	eight			
27.0	23.7	20.5	22.4	21.9	24.0	No linear change	Decreased, 2005-2009 No change, 2009-2015	No change
QN70: Percer	ntage of students	who were trying	to lose weight					
45.5	40.8	39.1	41.9	41.7	36.9	No linear change	No quadratic change	No change
10.0			fruit juice (100%	6 fruit inices one	or more times			
QN71: Percer	ntage of students v ays before the sur		That Julee (100)	o fruit juices one				

<sup>\*</sup>Non-Hispanic. <sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. <sup>§</sup>Based on t-test analysis, p < 0.05.

## San Diego High School Survey

**10-year Trend Analysis Report** 

	He	alth Risk Behav	ior and Percenta	nges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2013-2015 §
2005	2007	2009	2011	2013	2015	-		
QN72: Percenthe survey)	tage of students	who did not eat fi	ruit (one or more	times during the	7 days before			
9.5	8.5	4.4	7.0	10.0	6.5	No linear change	No quadratic change	No change
QNFR0: Perce days before the	entage of students e survey)	s who did not eat	fruit or drink 100	0% fruit juices (d	uring the 7			
4.9	3.6	1.3	3.3	5.5	3.2	No linear change	No quadratic change	No change
	entage of students e 7 days before th		drank 100% frui	t juices one or mo	ore times per			
65.8	68.4	78.3	71.1	67.2	68.4	No linear change	Increased, 2005-2009 Decreased, 2009-2015	No change
	entage of students e 7 days before th		drank 100% frui	t juices two or mo	ore times per			
31.1	36.8	42.4	37.4	36.7	38.1	No linear change	No quadratic change	No change
	entage of students e 7 days before th		drank 100% frui	t juices three or n	nore times per			
	20.4	24.4	18.1	17.5	22.7	No linear change	No quadratic change	No change

<sup>\*</sup>Non-Hispanic. <sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. <sup>§</sup>Based on t-test analysis, p < 0.05.

## San Diego High School Survey

	He	alth Risk Behav	ior and Percenta	nges		Linear Change <sup>†</sup>	Quadratic Change $^{\dagger}$	Change from 2013-2015 §
2005	2007	2009	2011	2013	2015	_		
QN73: Percer	tage of students	who did not eat s	alad (during the 7	days before the	survey)			
22.5	26.0	22.9	27.4	25.6	24.7	No linear change	No quadratic change	No change
QN74: Percer	tage of students	who did not eat p	otatoes (during th	ne 7 days before t	he survey)			
33.0	39.3	32.7	35.8	41.2	36.1	No linear change	No quadratic change	No change
QN75: Percer	ntage of students	who did not eat c	arrots (during the	7 days before the	e survey)			
42.6	40.3	34.9	42.5	40.9	36.2	No linear change	No quadratic change	No change
ON76: Percer	tage of students	who did not eat o	ther vegetables (c	luring the 7 days	before the			
survey)								

## San Diego High School Survey

	Hea	llth Risk Behavi	ior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change $^{\dagger}$	Change from 2013-2015 <sup>§</sup>
2005	2007	2009	2011	2013	2015	-		
QNVEG0: Pe French fries, f before the surv	ercentage of studer ried potatoes, or p vey)	nts who did not e otato chips], carr	at vegetables (gre ots, or other vege	en salad, potatoe tables, during the	s [excluding 27 days			
3.5	4.1	2.6	5.4	5.0	3.7	No linear change	No quadratic change	No change
ONVEG1: De	reantage of stude	ts who ate veget	ables one or mor	times per day (c	roon calad			
potatoes [excl during the 7 d	ercentage of studer uding French fries ays before the sur	, fried potatoes, over ()	or potato chips], c	arrots, or other v	egetables,	Na linaa dama	Na ana danti a dana ar	Nashanaa
potatoes [excl	uding French fries	, fried potatoes, o				No linear change	No quadratic change	No change
potatoes [excl during the 7 d 68.3 QNVEG2: Pe potatoes [excl	uding French fries ays before the surv	, fried potatoes, o vey) 72.2 hts who ate veget , fried potatoes, o	or potato chips], c 66.3 rables two or more	earrots, or other v 67.1 e times per day (g	egetables, 70.7 green salad,	No linear change	No quadratic change	No change
potatoes [excl during the 7 d 68.3 QNVEG2: Pe potatoes [excl	uding French fries ays before the surv 69.2 ercentage of studer uding French fries	, fried potatoes, o vey) 72.2 hts who ate veget , fried potatoes, o	or potato chips], c 66.3 rables two or more	earrots, or other v 67.1 e times per day (g	egetables, 70.7 green salad,	No linear change No linear change	No quadratic change No quadratic change	No change No change
potatoes [excl during the 7 d. 68.3 QNVEG2: Pe potatoes [excl during the 7 d. 32.3 QNVEG3: Pe potatoes [excl	uding French fries ays before the sur- 69.2 crcentage of studer uding French fries ays before the sur-	, fried potatoes, o yey) 72.2 the who ate veget , fried potatoes, o yey) 36.1 the who ate veget , fried potatoes, o	or potato chips], c 66.3 cables two or mor or potato chips], c 31.0 cables three or mo	e times per day (g earrots, or other v 30.5 re times per day	egetables, 70.7 green salad, egetables, 32.7 (green salad,			

## San Diego High School Survey

10-year Trend Analysis Report

2005			or and Percenta	ages		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2013-2015 §
	2007	2009	2011	2013	2015			
			a can, bottle, or before the surve	glass of soda or p y)	oop (not			
	29.8	30.6	25.5	42.2	38.1	Increased, 2007-2015	Not available <sup>¶</sup>	No change
unics per day (li	C	1 1		ys before the surv	•			
unies per day (ll	ot including die 20.2	t soda or diet pop 12.6	o, during the 7 da <u>y</u> 14.7	ys before the surv 14.6		Decreased, 2007-2015	Not available	Decreased
QNSODA2: Per	20.2	12.6 ents who drank a	14.7	14.6	9.0 p two or more	Decreased, 2007-2015	Not available	Decreased
QNSODA2: Per	20.2	12.6 ents who drank a	14.7	14.6	9.0 p two or more	Decreased, 2007-2015	Not available	Decreased

## San Diego High School Survey

10-year Trend Analysis Report

ignt Manage	ment and Dietar He	-	ior and Percenta	Linear Change <sup>†</sup>	Quadratic Change $^{\dagger}$	<b>Change from</b> <b>2013-2015</b> §		
2005	2007	2009	2011	2013	2015	-		
QN78: Percer	ntage of students v	who did not drink	milk (during the	7 days before the	e survey)			
				22.6	20.2	No linear change	Not available <sup>¶</sup>	No change
QNMILK1: F days before th	Percentage of stud e survey)	ents who drank o	one or more glasse	es per day of milk 38.8	c (during the 7 35.9	No linear change	Not available	No change
QNMILK2: F days before th	Percentage of stud e survey)	ents who drank ty	wo or more glass	es per day of milk	c (during the 7			
				20.8	19.6	No linear change	Not available	No change
QNMILK3: F 7 days before	Percentage of stud the survey)	ents who drank th	hree or more glas	ses per day of mi	lk (during the			
				6.8	8.9	No linear change	Not available	No change
QN79: Percer	ntage of students v	who did not eat b	reakfast (during t	he 7 days before	the survey)			
				9.4	8.1	No linear change	Not available	No change

## San Diego High School Survey

10-year Trend Analysis Report

White* Weight Manager		•	ior and Percenta	iges		Linear Change <sup>†</sup>	Quadratic Change <sup>+</sup>	Change from 2013-2015 <sup>§</sup>
2005	2007	2009	2011	2013	2015	_		
QNBK7DAY: the survey)	Percentage of st	udents who ate b	reakfast on all 7 c	days (during the	7 days before			
				46.4	48.2	No linear change	Not available <sup>¶</sup>	No change

## San Diego High School Survey

10-year Trend Analysis Report

vsical Activity		alth Risk Behavi	or and Percenta	Linear Change $^{\dagger}$	Quadratic Change $^{\dagger}$	<b>Change from 2013-2015</b> §		
2005	2007	2009	2011	2013	2015	_		
more days (doi	tage of students v ing any kind of pl ome of the time d	nysical activity th	at increased their	heart rate and m	lay on 5 or ade them			
	Percentage of stu					No linear change	Not available¶	No change
activity on at le	Percentage of str east 1 day (doing athe hard some o	any kind of phys	ot participate in a ical activity that i the 7 days before	t least 60 minutes ncreased their he the survey)	s of physical eart rate and			
activity on at le	east 1 day (doing	any kind of phys	ot participate in a ical activity that i	t least 60 minutes	s of physical	No linear change Decreased, 2011-2015	Not available¶ Not available	No change
activity on at le made them bre QNPA7DAY: all 7 days (doir	east 1 day (doing	any kind of phys f the time during idents who were ysical activity tha	ot participate in a ical activity that i the 7 days before 15.3 physically active at increased their	t least 60 minutes ncreased their he the survey) 12.7 at least 60 minut heart rate and ma	s of physical eart rate and 8.1 es per day on			
activity on at le made them bre QNPA7DAY: all 7 days (doir	east 1 day (doing eathe hard some o Percentage of stu ng any kind of ph	any kind of phys f the time during idents who were ysical activity tha	ot participate in a ical activity that i the 7 days before 15.3 physically active at increased their	t least 60 minutes ncreased their he the survey) 12.7 at least 60 minut heart rate and ma	s of physical eart rate and 8.1 es per day on			
activity on at le made them bre QNPA7DAY: all 7 days (doin breathe hard so	east 1 day (doing eathe hard some o Percentage of stu ng any kind of ph	any kind of phys f the time during idents who were ysical activity tha luring the 7 days	ot participate in a ical activity that i the 7 days before 15.3 physically active at increased their before the survey 32.9	t least 60 minutes ncreased their he the survey) 12.7 at least 60 minut heart rate and ma ) 35.3	s of physical eart rate and 8.1 es per day on ade them 35.3	Decreased, 2011-2015	Not available	No change

### San Diego High School Survey

10-year Trend Analysis Report

vsical Activity		alth Risk Behavi	ior and Percenta	Linear Change $^{\dagger}$	Quadratic Change $^{\dagger}$	Change from 2013-2015 <sup>§</sup>		
2005	2007	2009	2011	2013	2015	_		
	tage of students v r day (for somethi							
	22.4	25.7	29.6	34.3	32.1	Increased, 2007-2015	Not available <sup>¶</sup>	No change
						increased, 2007 2013		
	tage of students when they were in 59.0	who attended phy				No linear change	No quadratic change	No change
Overage week v 61.3 QNDLYPE: P	ntage of students when they were in	who attended phy n school) 54.3 ents who attende	rsical education cl	lasses on 1 or mo 54.1	re days (in an 57.4			
61.3 QNDLYPE: P	ttage of students v when they were in 59.0 Percentage of stud	who attended phy n school) 54.3 ents who attende	rsical education cl	lasses on 1 or mo 54.1	re days (in an 57.4			
average week v 61.3 QNDLYPE: P average week v 39.1 QN84: Percen	ttage of students w when they were in 59.0 Percentage of stud when they were in	who attended phy n school) 54.3 ents who attende n school) 42.0 who played on at	rsical education cl 65.2 d physical educat 45.9 least one sports to	lasses on 1 or mo 54.1 tion classes on all 38.1	ore days (in an 57.4 15 days (in an 43.6	No linear change	No quadratic change	No change

## San Diego High School Survey

White* Other	He	alth Risk Behavi	ior and Percenta	iges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2013-2015 <sup>§</sup>
2005	2007	2009	2011	2013	2015	_		
QN87: Perce	ntage of students	who had ever bee	n told by a doctor	r or nurse that the	ey had asthma			
	22.4	22.6	21.5	17.8	16.0	Decreased, 2007-2015	Not available <sup>¶</sup>	No change

## San Diego High School Survey

10-year Trend Analysis Report

hite* te-Added								
	Hea	alth Risk Behavi	or and Percenta	ges	Linear Change <sup>†</sup>	Quadratic Change <sup><math>\dagger</math></sup>	Change from 2013-2015 <sup>§</sup>	
2005	2007	2009	2011	2013	2015	-		
	ntage of students w m, limited their ac							
		7.3	11.1	5.8	7.8	No linear change	Not available <sup>¶</sup>	No change
ON01. Demos								
	ntage of students v exual (one or mor	vho have been ha	trassed because so		hey were gay, 10.2	No linear change	Not available	No change
QN95: Percer to die (such as	exual (one or mor ntage of students v cutting or burnin	who have been ha e times during the 9.5 who did somethin	rassed because se e 12 months befo 10.2 g to purposely hu	re the survey) 8.4 art themselves wi	10.2	No linear change	Not available	No change
QN95: Percer	exual (one or mor ntage of students v cutting or burnin	who have been ha e times during the 9.5 who did somethin	rassed because se e 12 months befo 10.2 g to purposely hu	re the survey) 8.4 art themselves wi	10.2	No linear change No linear change	Not available Not available	No change No change
QN95: Percer to die (such as before the surv QN97: Percer	exual (one or mor ntage of students v cutting or burnin	who have been ha e times during the 9.5 who did somethin g themselves on p 14.9 vho reported their	rassed because se e 12 months befo 10.2 g to purposely hu purpose one or m 18.1 r partners were th	re the survey) 8.4 Int themselves wi ore times during 16.7 Intee or more year.	10.2 thout wanting the 12 months 16.7 s older than			

### San Diego High School Survey

10-year Trend Analysis Report

hite* te-Added	Не	alth Risk Behavi	ior and Percenta	nges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2013-2015 <sup>§</sup>
2005	2007	2009	2011	2013	2015	-		
QN98: Percent more times)	tage of students	who have been pr	egnant or gotten	someone pregnar	at (one or			
2.0	3.8	1.6	2.8	1.7	1.8	No linear change	No quadratic change	No change
QN99: Percent	tage of students	who have ever pa	rticipated in oral	sex				
	46.1	43.3	36.3	46.0	39.2	No linear change	Not available <sup>¶</sup>	No change
QN101: Percer feminine and m		who think other	people at school	would describe th	nem as equally			
				7.5	8.6	No linear change	Not available	No change
QN102: Percer	ntage of students	who have been t	aught about AID	S or HIV infectio	n in school			
93.0	91.2	92.5	91.1	90.0	92.6	No linear change	No quadratic change	No change
QN103: Percer transmitted dise		who have been t	old by a doctor o	r nurse that they	had a sexually			
	2.0	3.2	1.8	2.5	1.9	No linear change	Not available	No change

## San Diego High School Survey

White* Site-Added Health Risk Behavior and Percentages Linear Change <sup>†</sup> Quadratic Change <sup>†</sup>								
2005	2007	2009	2011	2013	2015	_		
pregnancy, AI	entage of students DS, or other sexu ts who have had a	who reported the ally transmitted d check-up)	eir doctor or nurse liseases (STDs) (	e discussed ways during their last o	to prevent check-up,			
		34.5	32.3	36.8	36.8	No linear change	Not available <sup>¶</sup>	No change

### San Diego High School Survey

Linear Change <sup>®</sup> Quadratic Change <sup>®</sup> Change from 2013-2015 <sup>†</sup> 2005       2007       2009       2011       2013       2015         QN8: Percentage of students who rarely or never wore a bicycle helmet (among students who had ridden a bicycle during the 12 months before the survey)       85.2       82.1       85.7       89.7       86.3       83.5       No linear change       No quadratic change       No change         QN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)       7.2       7.6       5.3       4.5       5.8       5.1       Decreased, 2005-2015       No quadratic change       No change         QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)       31.1       34.5       28.5       27.1       22.1       23.4       Decreased, 2005-2015       No quadratic change       No change         QN11: Percentage of students who trove when drinking alcohol (one or more times during the 30 days before the survey)       31.1       34.5       28.5       27.1       22.1       23.4       Decreased, 2005-2015       No quadratic change       No change         QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey)       30 days before the survey)       30 days before the survey. </th <th>Hispanic/Latino Injury and Viole</th> <th></th> <th></th> <th></th> <th></th> <th></th> <th></th> <th></th> <th></th>	Hispanic/Latino Injury and Viole								
QN8: Percentage of students who rarely or never wore a bicycle helmet (among students who had ridden a bicycle during the 12 months before the survey)       85.2       82.1       85.7       89.7       86.3       83.5       No linear change       No quadratic change       No change         QN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)       7.2       7.6       5.3       4.5       5.8       5.1       Decreased, 2005-2015       No quadratic change       No change         QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)       31.1       34.5       28.5       27.1       22.1       23.4       Decreased, 2005-2015       No quadratic change       No change         QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey)       31.1       34.5       28.5       27.1       22.1       23.4       Decreased, 2005-2015       No quadratic change       No change         QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey), among students who had driven a car or other vehicle during the 30 days before the survey)       30 days before the survey)       No change			alth Risk Behav	ior and Percenta	nges	Linear Change*	Quadratic Change <sup>*</sup>		
had ridden a bicycle during the 12 months before the survey)No linear changeNo quadratic changeNo change85.282.185.789.786.383.5No linear changeNo quadratic changeNo changeQN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)7.27.65.34.55.85.1Decreased, 2005-2015No quadratic changeNo changeQN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)31.134.528.527.122.123.4Decreased, 2005-2015No quadratic changeNo changeQN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey)31.134.528.527.122.123.4Decreased, 2005-2015No quadratic changeNo changeQN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey)30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	2005	2007	2009	2011	2013	2015	_		
QN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)       7.2       7.6       5.3       4.5       5.8       5.1       Decreased, 2005-2015       No quadratic change       No change         QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)       31.1       34.5       28.5       27.1       22.1       23.4       Decreased, 2005-2015       No quadratic change       No change         QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey)       32.4       Decreased, 2005-2015       No quadratic change       No change         QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey)       30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)       30	QN8: Percenta had ridden a bi	age of students will cycle during the	ho rarely or neve 12 months before	r wore a bicycle the survey)	helmet (among st	udents who			
by someone else) 7.2 7.6 5.3 4.5 5.8 5.1 Decreased, 2005-2015 No quadratic change No change QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey) 31.1 34.5 28.5 27.1 22.1 23.4 Decreased, 2005-2015 No quadratic change No change QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey.	85.2	82.1	85.7	89.7	86.3	83.5	No linear change	No quadratic change	No change
QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)       31.1       34.5       28.5       27.1       22.1       23.4       Decreased, 2005-2015       No quadratic change       No change         QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)       30 days before the survey.			ho rarely or neve	r wore a seat belt	(when riding in a	a car driven			
other vehicle one or more times during the 30 days before the survey)         31.1       34.5       28.5       27.1       22.1       23.4       Decreased, 2005-2015       No quadratic change       No change         QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	7.2	7.6	5.3	4.5	5.8	5.1	Decreased, 2005-2015	No quadratic change	No change
QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	QN10: Percent other vehicle of	tage of students v ne or more times	who rode with a c during the 30 da	lriver who had be ys before the surv	en drinking alcol vey)	nol (in a car or			
30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	31.1	34.5	28.5	27.1	22.1	23.4	Decreased, 2005-2015	No quadratic change	No change
	30 days before	the survey, amor							
6.07.0No linear changeNot available <sup>§</sup> No change					6.0	7.0	No linear change	Not available <sup>§</sup>	No change

## San Diego High School Survey

**10-year Trend Analysis Report** 

Iispanic/Latino njury and Viole	ence	alth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
least 1 day dur	ntage of students v ing the 30 days b the 30 days before	efore the survey,						
	-	•		28.2	24.1	No linear change	Not available <sup>§</sup>	No change
	ntage of students v 30 days before th	ne survey)						
15.1	16.1	14.9	14.2	9.3	12.1	Decreased, 2005-2015	No quadratic change	No change
QN14: Percen survey)	ntage of students v	who carried a gun	(on at least 1 day	y during the 30 d	ays before the			
5.6	4.8	2.7	3.7	1.2	3.1	Decreased, 2005-2015	No quadratic change	Increased
QN15: Percen club on at least	ntage of students v t 1 day during the	who carried a wea 30 days before t	apon on school pr he survey)	operty (such as a	gun, knife, or			
7.6	5.7	5.7	4.9	2.4	3.9	Decreased, 2005-2015	No quadratic change	No change
QN16: Percen their way to or	ntage of students v from school (on	who did not go to at least 1 day dur	school because t ing the 30 days b	hey felt unsafe at efore the survey)	school or on			
14.2	8.7	6.5	8.9	7.3	5.5	Decreased, 2005-2015	No quadratic change	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

# San Diego High School Survey

10-year Trend Analysis Report

Hispanic/Latino injury and Viole		alth Risk Behavi	or and Percenta	ges		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
				th a weapon on sc on ths before the su				
10.9	8.2	7.6	7.6	3.4	5.4	Decreased, 2005-2015	No quadratic change	No change
months before	the survey)		0	or more times dur	0			
35.4	37.3	36.5	34.9	24.4	22.9	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
	tage of students v before the survey			nt (one or more tin octor or nurse)	mes during			
5.7	2.8	5.6	4.4	2.9	3.2	No linear change	No quadratic change	No change
QN20: Percent times during the	tage of students v e 12 months befo	who were in a phy ore the survey)	vsical fight on scl	nool property (on	e or more			
14.1	16.6	12.3	13.4	6.3	8.0	Decreased, 2005-2015	No quadratic change	No change
QN21: Percent (when they did	tage of students v not want to)	vho were ever ph	ysically forced to	have sexual inte	rcourse			
11.5	7.7	7.0	6.8	7.8	7.7	Decreased, 2005-2015	Decreased, 2005-2009 No change, 2009-2015	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

## San Diego High School Survey

**10-year Trend Analysis Report** 

Iispanic/Latino njury and Viole	ence	lth Risk Behavi	or and Percenta	iges	Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>	
2005	2007	2009	2011	2013	2015	-		
during the 12 with an object	ntage of students w months before the or weapon on pur dated or went out w	survey, including	g being hit, slam they were dating	med into something or going out wi	ng, or injured th among			
				6.4	7.6	No linear change	Not available <sup>§</sup>	No change
during the 12 to have sexual	ntage of students w months before the intercourse when udents who dated	survey, including they did not war	g kissing, touchin It to by someone	ng, or being physi they were dating	cally forced or going out			
				11.1	9.6	No linear change	Not available	No change
	ntage of students w	ho were bullied	on school proper	ty (during the 12	months			
before the surv	vey)							
before the sur	vey)		16.7	12.7	13.9	No linear change	Not available	No change
QN25: Percer	ntage of students wooms, instant messa		nically bullied (in	cluding being bu	llied through	No linear change	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05. \*Not enough years of data to calculate.

# San Diego High School Survey

10-year Trend Analysis Report

spanic/Latino jury and Viole										
	Hea	alth Risk Behavi	ior and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>		
2005	2007	2009	2011	2013	2015					
QN26: Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)										
37.6	30.0	32.1	30.4	32.4	34.9	No linear change	No change, 2005-2011 No change, 2011-2015	No change		
	ntage of students v the survey)	who seriously cor	nsidered attemptir	ng suicide (during	g the 12		-			
		who seriously cor 14.9	nsidered attemptin 13.0	ng suicide (during 17.0	g the 12 17.9	No linear change	No change, 2005-2011 Increased, 2011-2015	No change		
months before 18.2	the survey) 13.3 ntage of students v	14.9	13.0	17.0	17.9	No linear change	No change, 2005-2011	No change		
Months before 18.2 QN29: Percer	the survey) 13.3 ntage of students v	14.9	13.0	17.0	17.9	No linear change No linear change	No change, 2005-2011	No change No change		
QN29: Percer before the surv 12.5 QN30: Percer	the survey) 13.3 htage of students wey)	14.9 who attempted su 8.0 who attempted su	13.0 icide (one or mor 9.3 icide that resulted	17.0 e times during th 9.5 I in an injury, poi	17.9 e 12 months 11.2 soning, or		No change, 2005-2011 Increased, 2011-2015 Decreased, 2005-2009			

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	Hea	alth Risk Behavi	ior and Percenta	iges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
QN31: Percer	tage of students v	who ever tried cig	garette smoking (	even one or two p	ouffs)			
54.2	47.5	49.2	52.5	44.1	33.6	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	Decreased
QN32: Percer time)	tage of students v	who smoked a wh	nole cigarette befo	ore age 13 years (	for the first			
14.0	12.1	11.7	9.8	8.1	6.9	Decreased, 2005-2015	No quadratic change	No change
QN33: Percer	tage of students ve survey)	who currently sm	oked cigarettes (o	on at least 1 day d	luring the 30			
				8.8	9.0	Decreased, 2005-2015	No quadratic change	No change
days before the 14.6	11.9	13.9	15.9	0.0	2.0	2000 2010		
days before the 14.6 QNFRCIG: P	•	ents who currentl						
days before the 14.6 QNFRCIG: P	11.9 ercentage of stude	ents who currentl				Decreased, 2005-2015	No quadratic change	No change
days before the 14.6 QNFRCIG: P days during the 2.3 QNDAYCIG:	11.9 ercentage of stude e 30 days before t	ents who currentl he survey) 2.2 idents who current	y frequently smo 3.1	ked cigarettes (or 0.8	n 20 or more 1.6	, 	No quadratic change	No change

### San Diego High School Survey

**10-year Trend Analysis Report** 

	Hea	alth Risk Behav	ior and Percenta	iges		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN41: Percen day during the	tage of students v ir life)	who ever drank a	lcohol (at least or	ne drink of alcoho	ol on at least 1			
75.5	78.2	73.6	74.6	68.5	63.7	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
QN42: Percent than a few sips		who drank alcoho	ol before age 13 y	ears (for the first	time other			
30.7	29.2	27.9	28.1	19.0	19.5	Decreased, 2005-2015	No quadratic change	No change
QN43: Percen least 1 day dur	tage of students v ing the 30 days b	who currently dra efore the survey)	ink alcohol (at lea	ast one drink of al	cohol on at			
40.0	41.7	40.4	41.9	30.7	28.0	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
	tage of students v s on at least 1 day			llcohol in a row ( vey)	within a			
22.8	23.9	23.9	24.1	17.4	14.6	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
	tage of students v e (within a couple			per of drinks they re the survey)	had in a row			
	•	U	•	5.3	2.3	Decreased, 2013-2015	Not available <sup>§</sup>	Decreased

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10-year Trend Analysis Report

	Hea	alth Risk Behav	ior and Percenta	ges		Linear Change*	Quadratic Change <sup>*</sup>	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN47: Percer	tage of students v	who ever used ma	arijuana (one or n	nore times during	their life)			
39.5	37.6	39.6	48.2	49.2	44.3	Increased, 2005-2015	No quadratic change	No change
QN48: Percer	tage of students v	who tried marijua	na before age 13	years (for the first	st time)			
11.5	10.9	11.6	15.2	12.2	10.8	No linear change	No quadratic change	No change
QN49: Percer days before the	tage of students v e survey)	who currently use	ed marijuana (one	or more times du	uring the 30			
15.4	17.1	19.8	28.1	25.7	20.6	Increased, 2005-2015	Increased, 2005-2011 Decreased, 2011-2015	No change
	tage of students values ase, one or more			of cocaine, such a	s powder,			
	8.9	9.9	11.4	9.1	7.3	No linear change	No quadratic change	No change
10.9				1 1 11	contents of			
QN51: Percer	tage of students v cans, or inhaled ar							

### San Diego High School Survey

**10-year Trend Analysis Report** 

	Hea	alth Risk Behavi	ior and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
QN53: Percen 'crank," or "ice	tage of students v e," one or more ti	vho ever used me mes during their	ethamphetamines life)	(also called "spe	ed," "crystal,"			
10.7	7.6	5.2	5.5	3.1	4.2	Decreased, 2005-2015	Decreased, 2005-2009 No change, 2009-2015	No change
QN54: Percen during their life	tage of students v e)	vho ever used ec	stasy (also called	"MDMA," one o	or more times			
6.8	7.0	10.6	20.0	11.3	8.0	Increased, 2005-2015	Increased, 2005-2011 Decreased, 2011-2015	No change
	tage of students voore times during		roids without a de	octor's prescriptio	on (pills or			
5.2	4.7	3.3	3.1	2.6	3.3	Decreased, 2005-2015	No quadratic change	No change
QN57: Percen (such as OxyC during their life	ontin, Percocet, V	vho ever took pre /icodin, codeine,	escription drugs w Adderall, Ritalin	vithout a doctor's , or Xanax, one c	prescription or more times			
			13.0	10.9	12.4	No linear change	Not available <sup>§</sup>	No change

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10-year Trend Analysis Report

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
		who ever injected or more times due		(used a needle to	inject any			
				(used a needle to 2.1	inject any 2.8	No linear change	Decreased, 2005-2009 No change, 2009-2015	No change
llegal drug int 4.2 QN59: Percen	o their body one 2.9 tage of students v	or more times du	ring their life) 2.6 , sold, or given a	2.1	2.8	No linear change		No change

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10-year Trend Analysis Report

ispanic/Latino xual Behaviors		alth Risk Behavi	ior and Percenta	nges		Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN60: Percent	tage of students v	who ever had sex	ual intercourse					
42.2	41.2	42.8	48.8	40.1	37.7	No linear change	Increased, 2005-2011 Decreased, 2011-2015	No change
QN61: Percent	tage of students v	who had sexual ir	ntercourse before	age 13 years (for	the first time)			
6.2	8.4	4.8	7.5	4.8	4.6	Decreased, 2005-2015	No quadratic change	No change
QN62: Percent their life)	tage of students v	who had sexual ir	ntercourse with fo	our or more perso	ns (during			
10.8	11.6	12.0	12.7	10.0	7.3	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
QN63: Percent least one person	tage of students on during the 3 me	who were current onths before the s	ly sexually active survey)	e (sexual intercou	rse with at			
27.5	30.4	29.6	31.5	26.5	24.7	Decreased, 2005-2015	No change, 2005-2011 Decreased, 2011-2015	No change
		who drank alcoho ently sexually act	ol or used drugs b tive)	efore last sexual	intercourse			
16.4	20.5	23.2	23.3	18.5	18.6	No linear change	No change, 2005-2011 No change, 2011-2015	No change

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**10-year Trend Analysis Report** 

ispanic/Latino exual Behavior								
	He	alth Risk Behav	ior and Percenta	nges		Linear Change*	Quadratic Change*	<b>Change from</b> 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
	ntage of students were currently sex		om (during last se	xual intercourse	among			
58.5	58.7	64.5	58.0	53.7	59.7	No linear change	No quadratic change	No change
QN85: Percer donating blood	ntage of students v d)	who were ever te	sted for HIV (not	including tests de 16.8	one when 16.2	No linear change	Not available <sup>§</sup>	No change
donating blood QN66: Percer		who used birth co	ontrol pills (before	16.8 e last sexual inter	16.2	No linear change	Not available <sup>§</sup>	No change
donating blood QN66: Percer	d)	who used birth co	ontrol pills (before	16.8 e last sexual inter	16.2	No linear change No linear change	Not available <sup>\$</sup> No quadratic change	No change No change
QN66: Percer prevent pregna 9.4 QNIUDIMP: (e.g., Implanoi	d) ntage of students v ancy among stude	who used birth co ents who were cu 11.5 dents who used a before last sexua	ontrol pills (before rrently sexually av 14.2 m IUD (e.g., Mire	16.8 e last sexual inter ctive) 16.9 ena or ParaGard)	16.2 course to 11.8 or implant			

### San Diego High School Survey

**10-year Trend Analysis Report** 

	Hea	alth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change <sup>*</sup>	<b>Change from 2013-2015</b> <sup>†</sup>
2005	2007	2009	2011	2013	2015	-		
OrthoEvra), or	Percentage of stu birth control ring ently sexually act	g (e.g., NuvaRing						
	5	,		3.0	5.8	No linear change	Not available <sup>§</sup>	No change
NOTHHPL:	Percentage of stu	idents who used	birth control pills	; an IUD or impl	ant; or a shot,			
atch, or birth	Percentage of stu control ring (beforently sexually act	ore last sexual into	birth control pills ercourse to preve	; an IUD or impl nt pregnancy amo 22.2	ant; or a shot, ong students 19.6	No linear change	Not available	No change
oatch, or birth who were curr ONDUALBC: UD or implan	control ring (befo	udents who used	both a condom d	22.2 uring and birth cexual intercourse	ong students 19.6 ontrol pills; an	No linear change	Not available	No change
atch, or birth who were curr NDUALBC: UD or implan	control ring (beforently sexually act Percentage of stat; or a shot, patch	udents who used	both a condom d	22.2 uring and birth cexual intercourse	ong students 19.6 ontrol pills; an	No linear change	Not available Not available	No change No change
Datch, or birth who were curr QNDUALBC: UD or implan STD and pregr QNBCNONE:	control ring (beforently sexually act Percentage of stat; or a shot, patch	ver last sexual interive) udents who used , or birth control lents who were cu	both a condom d ring before last surrently sexually ot use any metho	22.2 uring and birth co exual intercourse active) 4.9 d to prevent preg	ong students 19.6 ontrol pills; an e (to prevent 5.3			

# San Diego High School Survey

10-year Trend Analysis Report

spanic/Latino eight Manager	ment and Dietar	•	ior and Percenta	Linear Change*	Quadratic Change <sup>*</sup>	Change from 2013-2015 †		
2005	2007	2009	2011	2013	2015	_		
	centage of studer index, based on s							
18.8	18.3	17.0	21.8	17.8	20.6	No linear change	No quadratic change	No change
	Percentage of stud and age-specific 1				nass index,			
18.3	16.9	14.2	13.7	14.1	14.9	No linear change	Decreased, 2005-2009 No change, 2009-2015	No change
QN69: Percen	tage of students	who described the	emselves as slight	ly or very overw	eight			
41.1	36.3	30.8	32.7	35.9	38.5	No linear change	Decreased, 2005-2009 Increased, 2009-2015	No change
QN70: Percen	tage of students	who were trying t	o lose weight					
55.0	54.7	52.1	56.8	52.0	56.1	No linear change	No quadratic change	No change
	ntage of students v ays before the sur		fruit juice (100%	fruit juices one	or more times			
	20.6	21.6	19.7	22.1	22.0	No linear change	No quadratic change	No change

# San Diego High School Survey

10-year Trend Analysis Report

spanic/Latino sight Manager	nent and Dietar He	-	ior and Percenta	iges	Linear Change*	Quadratic Change*	Change from 2013-2015 †	
2005	2007	2009	2011	2013	2015	_		
QN72: Percen the survey)	tage of students	who did not eat fr	uit (one or more	times during the	7 days before			
12.5	13.2	10.2	10.6	9.9	8.6	Decreased, 2005-2015	No quadratic change	No change
QNFR0: Perce days before the		s who did not eat	fruit or drink 100	)% fruit juices (d	uring the 7			
5.8	5.4	6.4	4.7	4.5	3.9	No linear change	No quadratic change	No change
	entage of students e 7 days before th		drank 100% fruit	t juices one or mo	ore times per			
62.2	64.4	61.4	61.7	61.3	67.1	No linear change	No quadratic change	Increased
	entage of students e 7 days before th		drank 100% fruit	t juices two or mo	ore times per			
33.4	34.8	31.2	32.9	32.6	32.5	No linear change	No quadratic change	No change
	entage of students e 7 days before th		drank 100% fruit	t juices three or n	nore times per			
	23.9	21.2	23.3	22.8	21.1	No linear change	No quadratic change	No change

# San Diego High School Survey

10-year Trend Analysis Report

	He	alth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
QN73: Percen	tage of students v	who did not eat sa	alad (during the 7	days before the	survey)			
40.1	42.2	41.7	42.6	40.1	35.9	No linear change	No change, 2005-2011 Decreased, 2011-2015	No change
QN74: Percen	tage of students v	who did not eat p	otatoes (during th	e 7 days before t	he survey)			
44.6	39.4	41.0	37.5	40.5	39.6	No linear change	No quadratic change	No change
QN75: Percen	tage of students v	who did not eat ca	arrots (during the	7 days before the	e survey)			
51.1	47.3	48.0	50.4	47.5	46.4	No linear change	No quadratic change	No change
QN76: Percen survey)	tage of students v	who did not eat o	ther vegetables (d	luring the 7 days	before the			
26.8	24.9	22.9	22.5	20.4	20.8	Decreased, 2005-2015	No quadratic change	No change

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10-year Trend Analysis Report

	He	alth Risk Behavi	ior and Percenta	Linear Change*	Quadratic Change*	<b>Change from</b> 2013-2015 <sup>†</sup>		
2005	2007	2009	2011	2013	2015	_		
QNVEG0: Pe French fries, f before the sur	ercentage of studer ried potatoes, or p vey)	nts who did not e potato chips], carr	at vegetables (gre ots, or other vege	en salad, potatoe etables, during the	s [excluding e 7 days			
11.2	8.9	9.7	9.8	7.7	6.3	Decreased, 2005-2015	No quadratic change	No change
potatoes [excl	ercentage of stude: uding French fries ays before the sur	s, fried potatoes,						
potatoes [excl	uding French fries	s, fried potatoes,				Increased, 2005-2015	No quadratic change	No change
2000 Dotatoes [excl during the 7 d 48.8 2000 Dotatoes [excl	uding French fries ays before the sur	s, fried potatoes, every) 54.4 nts who ate veget s, fried potatoes, e	or potato chips], o 52.8 cables two or more	54.1 e times per day (§	green salad,	Increased, 2005-2015	No quadratic change	No change
potatoes [excl during the 7 d 48.8 QNVEG2: Pe potatoes [excl	uding French fries ays before the sur 52.0 ercentage of stude uding French fries	s, fried potatoes, every) 54.4 nts who ate veget s, fried potatoes, e	or potato chips], o 52.8 cables two or more	54.1 e times per day (§	green salad,	Increased, 2005-2015 Increased, 2005-2015	No quadratic change No quadratic change	No change No change
potatoes [excl during the 7 d 48.8 QNVEG2: Pe potatoes [excl during the 7 d 18.9 QNVEG3: Pe potatoes [excl	uding French fries ays before the sur 52.0 ercentage of studes uding French fries ays before the sur	s, fried potatoes, every) 54.4 nts who ate veget s, fried potatoes, every) 24.7 nts who ate veget s, fried potatoes, every	52.8 52.8 ables two or mor or potato chips], o 22.7 ables three or mo	54.1 e times per day (g carrots, or other v 23.0 re times per day	egetables, 57.1 green salad, egetables, 24.9 (green salad,			

## San Diego High School Survey

**10-year Trend Analysis Report** 

	He	alth Risk Behav	ior and Percenta	Linear Change*	Quadratic Change*	<b>Change from</b> 2013-2015 <sup>†</sup>		
2005	2007	2009	2011	2013	2015	_		
	tage of students v soda or diet pop,				oop (not			
	19.4	17.8	19.3	23.5	31.3	Increased, 2007-2015	Not available <sup>§</sup>	Increased
	Percentage of stud (not including die	t soda or diet pop	p, during the 7 day					
						Decreased, 2007-2015	Not available	Decreased
times per day	(not including die 21.5 Percentage of stud	22.1 lents who drank a	o, during the 7 da 18.1 a can, bottle, or gl	15.3 lass of soda or po	rey) 10.4 p two or more	Decreased, 2007-2015	Not available	Decreased
times per day	(not including die 21.5	22.1 lents who drank a	o, during the 7 da 18.1 a can, bottle, or gl	15.3 lass of soda or po	rey) 10.4 p two or more	Decreased, 2007-2015 Decreased, 2007-2015	Not available Not available	Decreased
times per day QNSODA2: F times per day QNSODA3: F	(not including die 21.5 Percentage of stud (not including die	22.1 lents who drank a t soda or diet pop 13.3 lents who drank a	p, during the 7 day 18.1 a can, bottle, or gl p, during the 7 day 11.4 a can, bottle, or gl	ys before the surv 15.3 lass of soda or po ys before the surv 9.5 lass of soda or po	rey) 10.4 p two or more rey) 6.5 p three or			

## San Diego High School Survey

**10-year Trend Analysis Report** 

spanic/Latino sight Manager	ment and Dietar		ior and Percenta	Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>		
2005	2007	2009	2011	2013	2015	-		
QN78: Percer	tage of students v	who did not drink	milk (during the	7 days before the	e survey)			
				18.4	17.5	No linear change	Not available <sup>§</sup>	No change
QNMILK1: P	ercentage of stud	ents who drank o	ne or more glasse	es per day of milk	(during the 7			
days before the	e survey)			30.9	32.4	No linear change	Not available	No change
QNMILK2: P lays before the	ercentage of stude e survey)	ents who drank ty	wo or more glasse	es per day of milk	c (during the 7			
				15.7	19.0	No linear change	Not available	No change
QNMILK3: P 7 days before 1	ercentage of stude the survey)	ents who drank th	hree or more glas	ses per day of mi	lk (during the			
-	- 1			6.9	8.5	No linear change	Not available	No change
QN79: Percer	tage of students v	who did not eat b	reakfast (during t	he 7 days before	the survey)			
				17.0	14.2	No linear change	Not available	No change

## San Diego High School Survey

**10-year Trend Analysis Report** 

Hispanic/Latino Weight Manager	nent and Dietar	-	ior and Percenta	ges	Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>	
2005	2007	2009	2011	2013	2015	_		
QNBK7DAY: the survey)	Percentage of st	udents who ate b	reakfast on all 7 c	lays (during the	7 days before			
, , , , , , , , , , , , , , , , , , ,				28.7	31.5	No linear change	Not available <sup>§</sup>	No change

## San Diego High School Survey

**10-year Trend Analysis Report** 

sical Activity		alth Risk Behavi	or and Percenta	ges	Linear Change <sup>*</sup>	Quadratic Change*	Change from 2013-2015 <sup>†</sup>	
2005	2007	2009	2011	2013	2015	_		
nore days (do	ntage of students v ing any kind of pl ome of the time d	hysical activity th	at increased their	heart rate and m	day on 5 or ade them			
			38.3	44.2	44.4	Increased, 2011-2015	Not available <sup>§</sup>	No change
								<u> </u>
ctivity on at l	Percentage of stu east 1 day (doing eathe hard some o	any kind of phys	ical activity that i	increased their he	s of physical eart rate and			
activity on at l	east 1 day (doing	any kind of phys	ical activity that i	increased their he	s of physical eart rate and 15.1	No linear change	Not available	No change
activity on at long the second	east 1 day (doing	any kind of phys f the time during udents who were sysical activity that	ical activity that i the 7 days before 17.3 physically active at increased their	at least 60 minut heart rate and ma	eart rate and 15.1 tes per day on		Not available	No change
Ctivity on at long the second	east 1 day (doing eathe hard some o Percentage of stu ng any kind of ph	any kind of phys f the time during udents who were sysical activity that	ical activity that i the 7 days before 17.3 physically active at increased their	at least 60 minut heart rate and ma	eart rate and 15.1 tes per day on		Not available Not available	No change No change
ctivity on at lenade them bre nade them bre QNPA7DAY: Il 7 days (doin reathe hard so	east 1 day (doing eathe hard some o Percentage of stu ng any kind of ph	any kind of phys of the time during udents who were tysical activity that during the 7 days	ical activity that i the 7 days before 17.3 physically active at increased their before the survey 20.0	at least 60 minut heart rate and ma 20.6	23.6	No linear change		

### San Diego High School Survey

**10-year Trend Analysis Report** 

lispanic/Latino hysical Activity								
	Hea	alth Risk Behavi	ior and Percenta	Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	<b>Change from</b> 2013-2015 <sup>†</sup>		
2005	2007	2009	2011	2013	2015	_		
QN82: Percen more hours per	tage of students v day (for somethi	who played video	or computer gan school work on ar	nes or used a com n average school	nputer 3 or day)			
	25.3	25.1	28.3	41.1	46.4	Increased, 2007-2015	Not available <sup>§</sup>	No change
	tage of students v when they were ir		viscal education c	lasses on 1 or mo	re days (in an			
62.1	61.3	54.9	55.5	52.2	57.3	No linear change	Decreased, 2005-2009 No change, 2009-2015	No change
	ercentage of stud when they were ir		ed physical educat	tion classes on all	l 5 days (in an			
38.8	41.0	34.2	38.3	37.7	40.4	No linear change	No quadratic change	No change
	tage of students v oups during the 12			eam (run by their	school or			
48.5	51.3	48.6	42.7	45.3	50.5	No linear change	Decreased, 2005-2011 Increased, 2011-2015	No change

## San Diego High School Survey

**10-year Trend Analysis Report** 

Hispar Other	nic/Latino	He	alth Risk Behavi	or and Percenta	ges	Linear Change*	Quadratic Change*	Change from 2013-2015 <sup>†</sup>	
	2005	2007	2009	2011	2013	2015	_		
QN	87: Percentag	ge of students	who had ever bee	n told by a doctor	or nurse that the	ey had asthma			
		19.2	19.5	17.6	17.5	17.7	No linear change	Not available <sup>§</sup>	No change

### San Diego High School Survey

**10-year Trend Analysis Report** 

ispanic/Latino ite-Added								
	Hea	alth Risk Behavi	or and Percenta	ges	Linear Change*	Quadratic Change*	<b>Change from</b> 2013-2015 <sup>†</sup>	
2005	2007	2009	2011	2013	2015	_		
QN90: Percen threatened ther way	tage of students w m, limited their ac	who responded the crivities against the	at the person they heir will, or made	y were going out them feel unsafe	with had ever in any other			
-		13.9	11.3	7.5	8.3	Decreased, 2009-2015	Not available <sup>§</sup>	No change
QN91: Percen lesbian, or bise	tage of students v exual (one or more	who have been ha e times during the	rassed because so e 12 months before	omeone thought t re the survey)	hey were gay,			
QN91: Percen lesbian, or bise	atage of students v exual (one or more	who have been ha e times during the 10.4	rassed because so e 12 months before 10.1	omeone thought t re the survey) 10.9	hey were gay, 11.8	No linear change	Not available	No change
lesbian, or bise QN95: Percen	exual (one or more stage of students v cutting or burning	e times during the 10.4 vho did somethin	g to purposely hu	re the survey) 10.9 art themselves wi	11.8 thout wanting	No linear change	Not available	No change
QN95: Percento die (such as	exual (one or more stage of students v cutting or burning	e times during the 10.4 vho did somethin	g to purposely hu	re the survey) 10.9 art themselves wi	11.8 thout wanting	No linear change Increased, 2009-2015	Not available Not available	No change No change
QN95: Percen to die (such as before the surv QN97: Percen	exual (one or more stage of students v cutting or burning	e times during the 10.4 who did somethin g themselves on p 17.6 who reported their	e 12 months befo 10.1 g to purposely hu purpose one or m 16.8 r partners were th	re the survey) 10.9 art themselves wi ore times during 20.3 aree or more year	11.8 thout wanting the 12 months 21.2 s older than			

### San Diego High School Survey

**10-year Trend Analysis Report** 

panic/Latino e-Added	He	alth Risk Behavi	or and Percenta	Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>		
2005	2007	2009	2011	2013	2015	_		
QN98: Percen more times)	tage of students	who have been pr	egnant or gotten	someone pregnar	nt (one or			
7.0	5.4	4.9	6.3	3.5	3.4	Decreased, 2005-2015	No quadratic change	No change
QN99: Percen	tage of students	who have ever pa	rticipated in oral	sex				
	34.5	35.3	38.4	35.0	38.8	No linear change	Not available <sup>§</sup>	No change
QN101: Perce feminine and n	ntage of students	who think other	people at school	would describe th	nem as equally			
				11.0	11.3	No linear change	Not available	No change
QN102: Perce	ntage of students	who have been t	aught about AID	S or HIV infectio	n in school			
85.4	84.7	83.7	81.8	87.1	84.6	No linear change	No quadratic change	No change
QN103: Perce transmitted dis		who have been t	old by a doctor o	r nurse that they	had a sexually			
	4.0	6.0	3.3	2.9	4.8	No linear change	Not available	No change

## San Diego High School Survey

**10-year Trend Analysis Report** 

Hispanic/Latino Site-Added	He	alth Risk Behavi	or and Percenta	ges		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2013-2015 <sup>†</sup>
2005	2007	2009	2011	2013	2015	_		
pregnancy, AII	ntage of students DS, or other sexus s who have had a	s who reported the ally transmitted of a check-up)	eir doctor or nurse liseases (STDs) (	e discussed ways during their last o	to prevent check-up,			
		42.3	42.2	50.5	45.2	No linear change	Not available <sup>8</sup>	No change